
Annexure 3

Consent Letter for the Parents

Dear Parents,

I am a reader in the Department of Foods and Nutrition, The M. S. University of Baroda and Aditi Sen is my doctoral student working under my guidance, on anemia in primary school children. We have been working in the field of adolescent nutrition since many years. Our department is a WHO collaborating Center for Nutrition.

In India, Anemia is a significant public problem in all socio-economic groups. The prevalence of anemia has been found to be very high even in the girls from well-to-do families. Anemia in adolescent girls (8-15years) affects growth in terms of weight and height gain. Anemic girls also suffer from adverse functional consequences, like poor work capacity, fatigue, poor concentration and attention, which ultimately affect their academic achievements and school performance. Anemia needs to be diagnosed and corrected early.

Therefore, we would like to screen your daughter to know whether she is anemic or not. For this purpose we need to collect 2-3 drops of blood from the index finger, using finger prick method. Sterilized and new lancets will be used for each girl. Thereafter, your daughter will be given iron folic acid tablets in school for a period of one year to enhance her growth, work capacity and mental abilities and prepare her for future iron requirements. Required permissions have been taken from the school authorities. We will be thankful if you kindly give your consent for the hemoglobin estimation and allow your child to consume iron tablets in school.

Looking forward for your support and co-operation.

Thanking you,

With warm regards,

Dr. Shubhada Kanani
Reader,
Department of Foods and Nutrition,
M. S. University of Baroda.

Ms Aditi Sen
Doctoral Student

To be filled by the parents: (Tick any one)

- ☐ Yes, I give permission to conduct hemoglobin test on my daughter and allow her to consume the iron tablets.
- ☐ No, I don't give permission to conduct hemoglobin test on my daughter and don't allow her to take the tablets.

Name:

Signature