

APPENDIX IX

Table : Longitudinal Data of Mean Weight for Age of Adolescent Boys (10 - 18 years) at the Beginning and After 12 Months of the Study

{PRIVATE }Age (Years)	N	Initial (Kg)		After 12 months (Kg)	
		Mean ± SE	Median	Mean ± SE	Median
{PRIVATE } 10	33	25.89 ± 0.84	25.00	28.3 ± 0.87	27.00
11	31	26.40 ± 0.66	26.00	30.4 ± 0.79	29.00
12	34	30.58 ± 1.01	29.50	34.6 ± 1.09	33.00
13	60	33.44 ± 0.86	33.00	37.4 ± 1.0	36.75
14	54	36.53 ± 0.94	36.50	41.3 ± 1.08	41.75
15	28	38.16 ± 0.82	38.00	40.9 ± 0.91	40.75
16	37	45.22 ± 1.14	45.00	47.5 ± 1.07	46.00
17	30	43.65 ± 1.27	42.25	44.5 ± 1.15	42.75
18	23	45.61 ± 1.26	45.00	46.2 ± 1.23	45.50

Table : Longitudinal Data of Mean Weight for Age of Adolescent Girls (10 - 18 years) at the Beginning and After 12 Months of the Study

{PRIVATE }Age {PRIVATE } (Years)	N	Initial (Kg)		After 12 months (Kg)	
		Mean ± SE	Median	Mean ± SE	Median
{PRIVATE } 10	34	23.34 ± 0.57	23.34	27.03 ± 0.62	27.00
11	32	28.05 ± 1.19	25.50	32.47 ± 1.14	31.00
12	32	30.02 ± 1.36	29.00	34.11 ± 1.54	31.50
13	58	34.45 ± 0.77	33.50	38.22 ± 0.80	37.25
14	77	36.86 ± 0.62	37.00	39.55 ± 0.70	38.50
15	38	38.84 ± 0.79	38.50	39.74 ± 0.87	39.00
16	35	39.40 ± 1.01	37.50	40.23 ± 1.09	38.50
17	34	41.86 ± 1.03	41.00	43.43 ± 0.92	43.50
18	22	43.18 ± 1.47	42.75	44.43 ± 1.18	44.50