

APPENDIX XI

Table: Longitudinal Data of Mean Skin Fold Thickness (SFT) for Age of Adolescent Boys (10 - 18 years) at the Beginning and After 12 Months of the Study

{PRIVATE }Age {PRIVATE } {(Years)}	N	Initial (mm)		After 12 months (mm)	
		Mean $\pm$ SE	Median	Mean $\pm$ SE	Median
10	33	8.06 $\pm$ 0.50	7.00	7.47 $\pm$ 0.45	6.60
11	31	7.51 $\pm$ 0.40	7.60	7.51 $\pm$ 0.44	7.40
12	34	7.54 $\pm$ 0.49	6.60	7.69 $\pm$ 0.49	6.90
13	60	7.63 $\pm$ 0.31	7.20	7.45 $\pm$ 0.37	6.90
14	54	7.53 $\pm$ 0.46	6.20	7.45 $\pm$ 0.48	6.00
15	28	6.45 $\pm$ 0.42	5.80	6.22 $\pm$ 0.34	5.70
16	37	6.59 $\pm$ 0.36	5.70	6.46 $\pm$ 0.38	5.60
17	30	6.17 $\pm$ 0.32	6.10	5.89 $\pm$ 0.27	6.00
18	23	6.29 $\pm$ 0.57	5.60	6.07 $\pm$ 0.52	5.40

Table : Longitudinal Data of Mean Skin Fold Thickness (SFT) for Age of Adolescent Girls (10 - 18 years) at the Beginning and After 12 Months of the Study

{PRIVATE }Age {PRIVATE } {(Years)}	N	Initial (mm)		After 12 months (mm)	
		Mean $\pm$ SE	Median	Mean $\pm$ SE	Median
{PRIVATE } 10	34	8.27 $\pm$ 0.33	8.30	8.49 $\pm$ 0.33	8.49
11	32	8.79 $\pm$ 0.52	8.30	9.32 $\pm$ 0.56	8.50
12	32	9.26 $\pm$ 0.65	8.20	10.52 $\pm$ 0.76	9.60
13	58	10.18 $\pm$ 0.42	9.70	11.93 $\pm$ 0.46	11.30
14	77	10.87 $\pm$ 0.37	10.60	12.66 $\pm$ 0.44	12.00
15	38	10.84 $\pm$ 0.51	10.30	12.14 $\pm$ 0.54	12.00
16	35	11.60 $\pm$ 0.58	11.40	12.83 $\pm$ 0.72	11.80
17	34	13.15 $\pm$ 0.72	12.45	13.98 $\pm$ 0.68	13.20
18	22	14.66 $\pm$ 0.98	14.80	14.71 $\pm$ 0.98	14.00