

APPENDIX XIII

Table : Longitudinal Data of Mean Body Mass Index** for Age of Adolescent Girls (10 - 18 years) at the Beginning and After 12 Months of the Study

{PRIVATE }Age {PRIVATE } (Years)	N	Initial		After 12 months	
		Mean ± SE	Median	Mean ± SE	Median
10	34	14.08 ± 0.29	13.84	14 70 ± 0.28	14.70
11	32	14.64 ± 0.36	14.20	15 46 ± 0.36	15.37
12	32	14.84 ± 0.47	14.39	15 76 ± 0.59	15.16
13	58	15.59 ± 0 27	15.32	16.70 ± 0.31	16 52
14	77	16.52 ± 0 22	16.41	17 40 ± 0 28	17 17
15	38	16.65 ± 0.32	16.20	16 94 ± 0.36	16.41
16	35	17.03 ± 0.42	16.75	17.29 ± 0 45	16.86
17	34	17.78 ± 0.37	17.64	18.36 ± 0.36	18.29
18	22	18.26 ± 0.55	18.39	18.73 ± 0.45	18.96
10 - 18	362	16.11 ± 0.13	15.80	16.83 ± 0.14	16.40

** BMI = weight (kg)/(Height (meters))²