

Appendix-ii
FORM (Lactating women)

Delivery care

1. Place of delivery
2. Delivery type

Postpartum care

1. Postnatal check-up
2. Within 48 hours

Feeding

1. Colostrum feeding
2. Initiation of breastfeeding within 1 hour
3. Exclusive breastfeeding (6 months)
4. Complementary feeding (+BF >6 months)

Complications

1. Postpartum haemorrhage
2. Eclampsia
3. Genital infection
4. Postpartum blues
5. Postpartum depression

Anthropometric measurements and biochemical parameters (PP period)

Weight	(6 months PP)					
HB	6 months PP			12 months PP		
Urine sample	6 months PP			12 months PP		
Serum sample						
Supplementation	6 m PP	7 m PP	8 m PP	9 m PP	10 m PP	11 m PP