Appendix III

Proforma for In-depth Interview Scheduleon Psychosocial aspects

1. POWER STRUCTURE

1.1. Household

- a. Who is the head of the household?
- 1. Self 2. Husband 3. Mother-in-law 4. Father-in-law 5. Father 6. Mother 7. Son
- 8. Daughter-in-law 9. Son + Daughter-in-law 10. Others
- b. How do you feel about it?

1. Satisfied 2. Dissatisfied

- 3. Not sure
- c. Do you take part in the household responsibilities?

1. Yes 2. No. (go to

- 1.2e)
- d. If yes, it is circumstances
- 1. By choice 2.By compulsion 3. Due to
- e. If no, why?

1.2. Decision-making

| a. Do you take | (I) If yes | | (II) If no | | If yes / no |
|---------------------|------------|--------------|---------------|-----------|----------------|
| decisions in the | Frequency | Decisions | Who else | Do others | How do you |
| following matters | 1. Always | are taken | takes | consider | feel about it? |
| | 2. | into account | decisions? | your | 1. Satisfied |
| | Sometimes | 1. Always | (Specify | opinion? | 2. |
| | | 2. | relationship) | 1. Always | Dissatisfied |
| | | Sometimes | | 2. | 3. Not sure |
| | | 3. Never | | Sometimes | |
| 4 11-14-1 | | | | 3. Never | |
| 1. Health related | | | | | |
| 2. Financial | | | | | |
| 3. | | | | | |
| Charity/donation | | | | | |
| 4. Education of | | | | | |
| children | | | | | |
| 5. Marriage of | | | | | |
| children | | | | | |
| 6. Other matters | | | | | |
| related to children | | | | | |
| 7. Purchasing | | | | | |
| 8. Preparing | | | | | |
| meals | | | | | |
| 9. Social | • | | | | |
| obligations | | | | | <u> </u> |
| 10. Any other | <u> </u> | | | | |

| b. Do you consult with others while making 1.2d)c. If yes, with whom? (specify relationship) | ng decisions? 1. Yes 2. No. (go to | | | | | | | |
|---|---|--|--|--|--|--|--|--|
| d. If you do not take decisions, specify reasons | | | | | | | | |
| 1.3. Financial matters a. Do you have control over the family's | financial matters? 1. Fully (go to 13d) 2. Partially 3. Not at all | | | | | | | |
| b. If not fully, who else in the family has?1. Husband 2. Father-in-law 3. Mother | ? | | | | | | | |
| 7. Daughter-in-law 8. Son + Daughter-in c. How do you feel about it? | n-law 9. Others 1. Satisfied 2. Dissatisfied 3. Not | | | | | | | |
| d. Do you think that the financial needs of your family are met satisfactorily? | 1. Fully 2. Partially 3. Not at all | | | | | | | |
| e. How do you feel about it? | 1. Satisfied 2. Dissatisfied 3. Not | | | | | | | |
| f. Are you financially independent? g. How do you feel about it? sure | Fully 2. Partially 3. Not at all Satisfied 2. Dissatisfied 3. Not | | | | | | | |
| h. Are you supporting others financially? | 1. Yes 2. No | | | | | | | |
| i. If yes / no, how do you feel about it? | 1. Satisfied 2. Dissatisfied 3. Not sure | | | | | | | |
| 2. LONELINESS/ISOLATION | | | | | | | | |
| 2.1 . Do you experience loneliness? 2.2) | 1. Always 2. Sometimes 3. Never (go to | | | | | | | |
| a. When you feel lonely? [Suggested prohome/when no one talks with you/ when | | | | | | | | |
| b. When you feel lonely, what do you do | o? . | | | | | | | |

| 2.2. Do you feel isolated by others? Never (go to 2.3) | 1. Always 2. Sometimes 3. |
|---|---------------------------|
| a. How do / did you cope with it? | |
| | |
| 2.3 b. Does/did anyone support you? d) | 1. Yes 2. No (go to |
| c. If yes, elaborate | |

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3. LIFE EVENT SCALE

| Rank | Life events | 1.Yes | | 2. More | 3. |
|------|---|--|--------------------|--------------------|------------------|
| No. | | 2.No | stressful event | stressful event | Neutral event |
| 1 | Death of spouse | | | | |
| 2 | Extra marital relation of spouse | | | | |
| 3 | Marital separation/divorce | | | | |
| 4 | Suspension or dismissal from job | | | | |
| 5 | Detention in jail of self or close family members | | | | |
| 6 | Childlessness | | | | |
| 7 | Death of close family member | | | | |
| 8 | Marital conflict | | | | <u> </u> |
| 9 | Property or crops damaged | | | | <u> </u> |
| 10 | Death of friend | *************************************** | | | |
| 11 | Robbery or theft | | | | |
| 12 | Excessive alcohol or drug use | | | | |
| · | by family member | | | | |
| 13 | Conflict with In-law (other than over dowry) | | | | |
| 14 | Broken engagement or live affair | | | | |
| 15 | Major personal illness or injury | | | <u> </u> | |
| 16 | Son or daughter leaving home | | | | |
| 17 | Financial loss or problems | | ļ | | <u> </u> |
| 18 | Disease of family member | | | | |
| 19 | Trouble at work with colleagues, | | | | |
| 10 | superiors or subordinates | | | | |
| 20 | Prophecy of Astrologer or Palmist | | | | |
| 21 | Pregnancy (wanted or | | | | |
| | unwanted) | | | <u> </u> | ļ |
| 22 | Conflict over dowry (self or | | | | |
| 00 | spouse) | <u> </u> | <u> </u> | ļ | - |
| 23 | Sexual problem | | <u> </u> | | ļ |
| 24 | Self or family member | | Pallaconomies et | | |
| 05 | unemployed | <u> </u> | - | | |
| 25 | Not having a son | | 1 | <u> </u> | |
| 26 | Large loan | ļ | <u> </u> | | <u> </u> |
| 27 | Marriage of daughter or dependant sister | | | | |
| 28 | Minor violation of law | | - | + | |

| Break-up with friend Major purchase or construction of house Death of pet Failure in examination Appearing for an examination or interview Getting married or engaged Trouble with neighbour Trouble with neighbour Change in residence Change or expansion of business Change or expansion of business Begin or end schooling Retirement Change in sleeping habits Birth of daughters Gain of a new family member Reduction in number of family functions Change in social activities Change in social activities Change in social activities Change in pleasure trip or pilgrimage Additional events Communal violence Children gaainst wishes | | | | | |
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4. SELF - ESTEEM:-SELF-ESTEEM RATING SCALE (SERS)

- 1. Never 2. Rarely 3. Some of the time 4. Most of the time 5. Always
- 1. Ifeel that people would NOT like me if they really knew me well.
- 2. I feel that others do things much better than I do.
- 3. I feel that I am an attractive person.
- 4. I feel confident in my ability to deal with other people.
- 5. I feel that I am likely to fail at things I do.
- 6. I feel that people really like to talk with me.
- 7. I feel that I am a very competent person.
- 8. When I am with other people I feel that they are glad I am with them.
- 9. I feel that I make a good impression on others.
- 10. I feel confident that I can begin new relationships if I want to.
- 11. I feel that I am ugly.
- 12. I feel that I am a boring person.
- 13. I feel very nervous when I am with strangers.
- 14. I feel confident in my ability to learn new things.
- 15. I feel good about myself.
- 16. I feel ashamed about myself.
- 17.1 feel inferior to other people.
- 18. I feel that my friends find me interesting.
- 19. I feel that I have a good sense of humour.
- 20. I get angry at myself over the way I am.
- 21. I feel relaxed meeting new people.
- 22. I feel that other people are smarter than I am.

| 23.1 don NOT like myself. |
|---|
| 24.1 feel confident in my ability to cope with difficult situations. |
| 25.1 feel that I am NOT very likeable. |
| 26. My friends value me a lot. |
| 27.1 am afraid I will appear stupid to others. |
| 28.1 feel that I am OK person. |
| 29. I feel that I can count on myself to manage things well. |
| 30. I wish I could just disappear when I am around other people. |
| 31.I feel embarrassed to let others hear my ideas. |
| 32.1 feel that I am a nice person. |
| 33. I feel that if I could be more like other people then I would feel better about |
| myself 34. I feel that I get pushed around more than others. |
| 35. I feel that people like me. |
| 36. I feel that people have a good time when they are with me. |
| 37.1 feel confident that I can do well in whatever I do. |
| 38.1 trust the competence of others more than I trust my own abilities. |
| 39.1 feel that I mess things up. |
| 40.1 wish that I were someone else. |
| Total Score: |
| Total Goore. |
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