



LIST OF ABBREVIATIONS

AACE	American Association of Clinical Endocrinologists
ACE	American College of Endocrinology
ACR	Albumin-to-Creatinine Ratio
ADA	American Diabetes Association
AGE	Advanced Glycosylation End Products
AIP	Atherogenic Index of Plasma
AO	Abdominal Obesity
ATP	Adult Treatment Panel
BMI	Body Mass Index
BGP	Barley Grass Powder
CAD	Coronary Artery Disease
CE	Cholesterol Esterase
CHAOS	Cambridge Heart Antioxidant Study
CHO	Carbohydrate
CHOD	Cholesterol oxidase
CI	Confidence Interval
CKD	Chronic Kidney Disease
Cr	Creatinine
CUPS	Chennai Urban Population Study
CURES	Chennai Urban Rural Epidemiology Study
CVD	Cardio Vascular Disease
DALY	Disability Adjusted Life Years
DASH	Dietary Approaches to Stop Hypertension
DCCT	Diabetes Control and Complications Trial
DEMAND	Developing Education on Microalbuminuria for Awareness of reNal and cardiovascular risk in Diabetes Study
DPP	Diabetes Prevention Programme
EPIC-Norfolk	European Prospective Investigation of Cancer and Nutrition
ESRD	End Stage Renal Disease
FBG	Fasting Blood Glucose
GCS	Garden Cress Seeds
GDM	Gestational Diabetes Mellitus
GI	Glycaemic Index
2-O-GIV	2"-O-glycosylisovitexin
GFR	Glomerular Filtration Rate
GK	Glycerol Kinase
GL	Glycaemic Load
GLDH	Glutamate Dehydrngenase
GOD	Glucose oxidase
GPO	Glycerol Phosphate Oxidase
GSPE	Grape seed Proanthocyanidin Extracts
HDL	High Density Lipoprotein Cholesterol
HOMA-IR	Homeostasis model assessment -Insulin Resistance
HOMA-BF	Homeostasis model assessment -Beta Cell Function

IDDM	Insulin Dependent Diabetes Mellitus
IDF	International Diabetes Federation
IDL	Intermediate Density Lipoproteins
IFG	Impaired Fasting Glucose
IGT	Impaired Glucose Tolerance
K/DOQI	Kidney Disease Outcomes Quality Initiative
LDL-C	Low Density Lipoprotein Cholesterol
LPL	Lipoprotein Lipase
MAU	Microalbuminuria
MAb	Monoclonal Antibodies
MAP	MicroAlbuminuria Prevalence Study
MARVAL	Microalbuminuria Reduction with Valsartan
MDA	Malonaldehyde
MNT	Medical Nutrition Therapy
MS	Metabolic Syndrome
NCDs	Non Communicable Diseases
NCEP	National Cholesterol Education Programme
Non HDL	Non High Density Lipoprotein Cholesterol
NIDDM	Non Insulin Dependent Diabetes Mellitus
NKUDIC	The National Kidney and Urologic Diseases Information Clearinghouse
POD	Peroxidase
PODIS	Prevalence of Diabetes in India Study
PREVEND	Prevention of Renal and Vascular End stage Disease
RCT	Randomized Control Trials
RDA	Recommended Dietary Allowance
SEAR	South East Asia Region
SES	Socio-economic Status
T1DM	Type 1 Diabetes Mellitus
T2DM	Type 2 Diabetes Mellitus
TC	Total Cholesterol
TG	Triglycerides
UKPDS	UK Prospective Diabetes Study group
VLDL	Very Low Density Lipoprotein Cholesterol
WC	Waist Circumference
WHO	World Health Organisation
WHR	Waist to Hip Ratio
WSR	Waist Stature Ratio
WWR	Waist Weight Ratio