

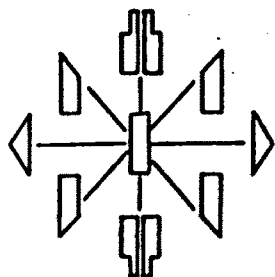
APPENDIX - I

Alphabet of Basic symbols, 'LABANOTATION',
by Ann Hutchinson (Pg. 263 to 268)

APPENDIX - II

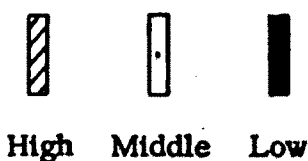
Questionnaire for Data Collection

DIRECTION



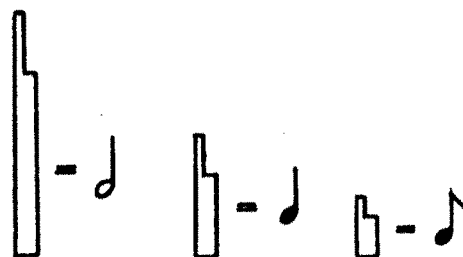
Direction is indicated by the shape of the symbol.

LEVEL



The three levels are distinguished by the different shading of the symbol.

TIMING

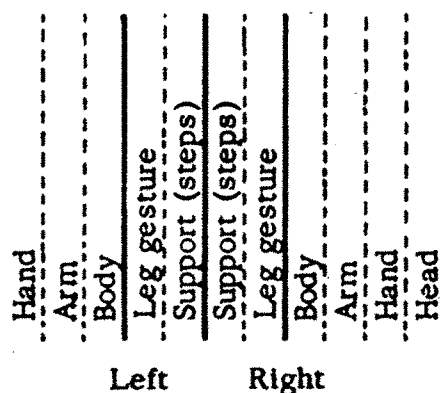


The relative length of the symbol determines its time value.

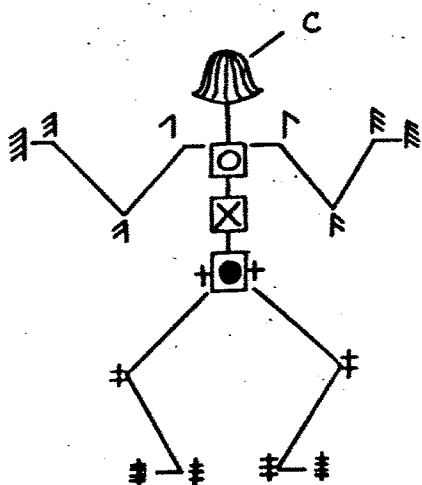
THE STAFF

The staff represents the body.

The placement of the direction symbol on the staff shows which part of the body executes the movement.



THE BODY SIGNS



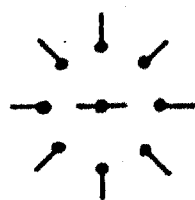
The Joints

↗ ↖	Shoulder	+	Hip
↗ ↖	Elbow	≡	Knee
↗ ↖	Wrist	≡	Ankle
↗ ↖	Hand	≡	Foot
↗ ↖	Fingers	≡	Toes
↗ ↖	Thumb	≡	Big toe
↗ ↖	Little finger	≡	Little toe
↗ ↖	Middle finger, etc.	≡	Middle toe, etc.

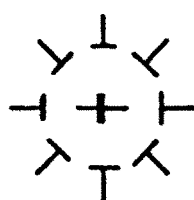
The Body Areas

C	Head
□	Face*
○	Chest*
●	Center of gravity
⊙	Whole torso
⊗	Waist

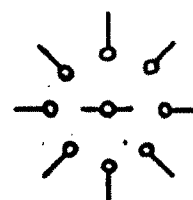
*Alternate version: Face: (C) Chest: (⊙) if "looking" (being turned toward a direction)



Low



Horizontal



High

ROTATION SIGNS, TURNS, REVOLUTION SIGNS



To the right
(clockwise)



Somersault
over forward



Cartwheel
over right *



To the left
(counter-
clockwise)



Somersault
over backward



Cartwheel
over left *

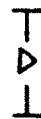
WAY SIGNS, CIRCULAR PATH



Straight path



Straight path
forward



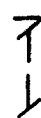
Straight path to
the right, etc.



Circular path
clockwise

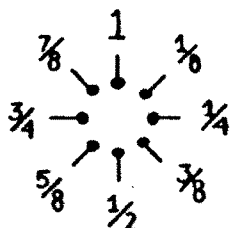


Circular path
(counterclockwise)

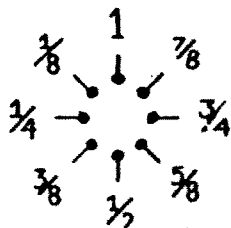


Revolving on a
straight path

DEGREES OF ROTATION OR CIRCLING



Clockwise



Counterclockwise

Indicators for the amount
of circling or of rotation
are placed within the
symbol.

SPACE MEASUREMENT SIGNS

Small, Flexed.



- 1 degree, small (rounded)



- 2 degrees



- 3 degrees (right angle)



- 4 degrees, very small (bent)



- 5 degrees



- 6 degrees (totally flexed)

Large, Stretched.*



- 1 degree, long (stretched)



- 2 degrees



- 3 degrees



- 4 degrees, very long (extended)



- 5 degrees



- 6 degrees

* Alternate version:

Cartwheel over right:

Cartwheel over left:

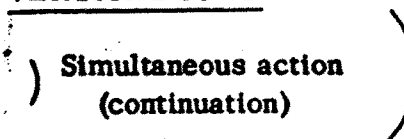
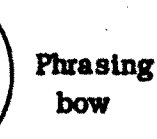
Long:

Very long:






Distance Sign

3 3 step lengths **6** 6 step lengths


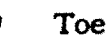
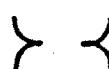
VERTICAL BOWS

 Simultaneous action
(continuation)  Phrasing
bow

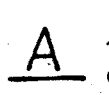
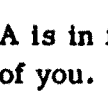
HORIZONTAL BOWS

 Touch
 Carry,
take
weight.  Grasp
 Support,
hold.
 Addressing sign

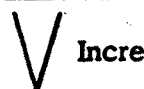
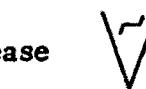

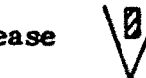
CONTACT HOOKS

 Toe contact
 Heel contact
 Whole foot contact


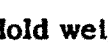

Meeting Line

 A is in front
of you.  A is to your
right.

DEVELOPMENT SIGNS

 Increase  Increase in space
 Decrease  Increase in height,
becoming higher.

HOLD SIGNS

 Hold weight (body hold)
 Space hold (K)*
 Spot hold (K)*





*Symbols marked (K) were contributed
by Albrecht Knust.

 Weak
accent





 Strong
accent

EFFORT SIGNS**





Strong

 Direct, slow (press).
 Direct, fast (punch).
 Flexible, slow (wring).
 Flexible, fast (slash).

Light


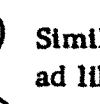
 Direct, slow (glide).
 Direct, fast (dab).
 Flexible, slow (float).
 Flexible, fast (flick).


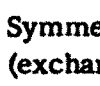
Element of Control




 Press, fluent flow.
 Punch, fluent flow.
 Press, bound flow.
 Punch, bound flow,
etc.

ANALOGY SIGNS (K)*

= Equal

 Similar,
ad lib.  Ad lib. in
timing

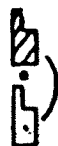
 Symmetrical
(exchange of
right and left)  Symmetrical
(exchange of
forward and
back)

**Alternate version:    etc.

DIRECTION

Pg: 171

Direction Variations

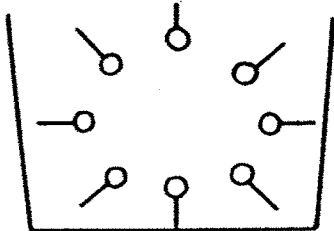


A point in space half way between the two stated directions



Move half way to this direction.

Stage Direction Pins *



Audience



Upstage



Stage right, etc.



The in-between directions can be indicated, as shown.

Deviations, Indirect Way



An influence away from a straight path

etc.

TIMING



Accelerando



Ritardando



Duration-line



Tremolo, trill.

PARTS OF THE BODY



Front of the chest*

*Alternate version:

Stage pins:



etc.

Parts of the Body (continued)



Back of the chest*



Right side of the chest, *
etc.



Shoulder area

(These pins are used for all body area signs.)

Limbs



Sign for limb



Upper arm



Lower arm



Thigh



Lower leg



Thigh, upper side.



Thigh, right side.



Neck

Parts of the Hands and Feet

The same symbols are used for each, being placed in their respective columns.



Area sign for foot or hand



Sole of foot or palm*



Top of foot, instep; back of hand.



Big toe side; thumb side.



Little toe side; little finger side.



Tip of toes; tip of fingers.



Tip of heel



Palm when used in the support column



Sole of foot when used outside its own column

*Alternate version:

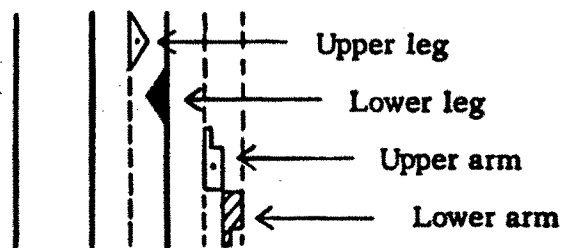
Parts of the body:



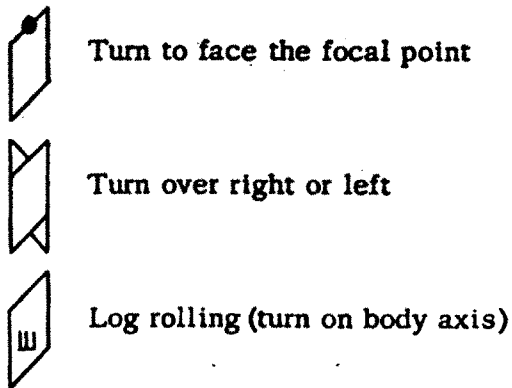
etc. Palm:



DIVISION OF THE COLUMN

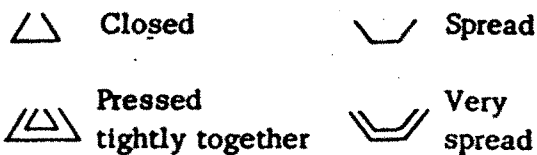


TURNS

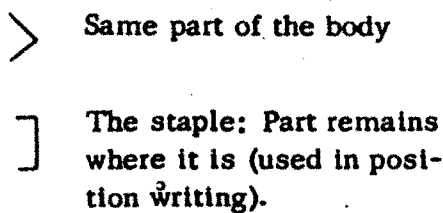


SPACE MEASUREMENT SIGNS

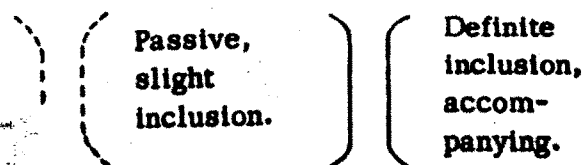
On a Lateral Plane (Used for the Fingers)



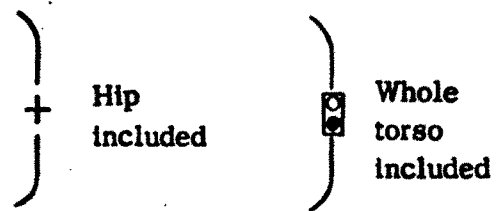
VERTICAL BOWS



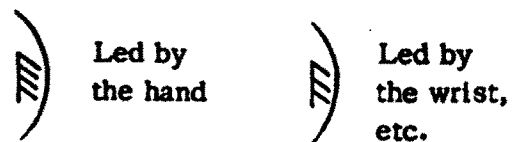
Inclusions



Inclusions (continued)



Part Leading

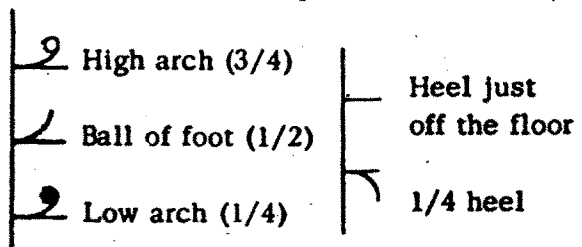


HORIZONTAL BOWS

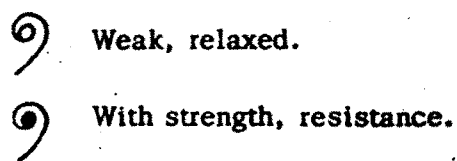


Contact

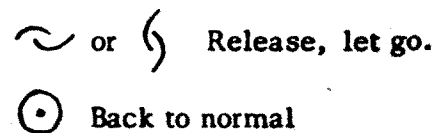
Additional hooks for parts of foot:



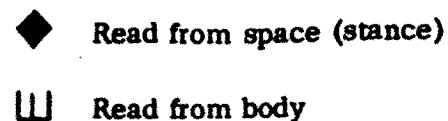
DYNAMICS






CANCELLATION SIGNS





KEY SIGNATURES



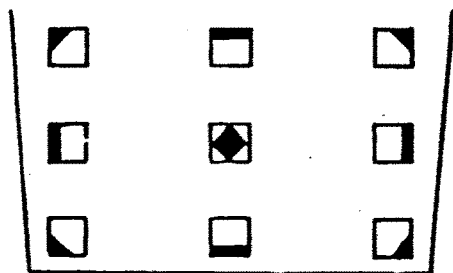
DEVELOPMENTS

-  An outward development
-  An inward development
-  Development from the center of the body







Body Waves

-  Outward development through the whole body
-  Inward development through the whole body

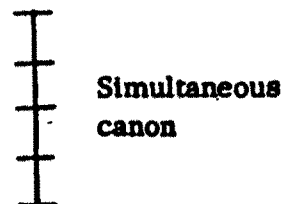
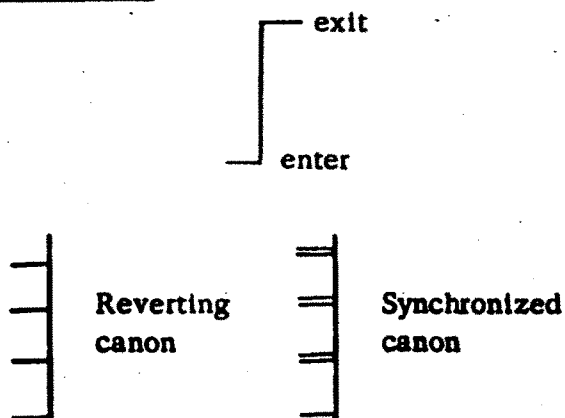
STAGE AREA SIGNS



GROUP NOTATION






-  Boy (Alternate symbols:  )
-  Girl (Alternate symbols:  )

Canon Staff

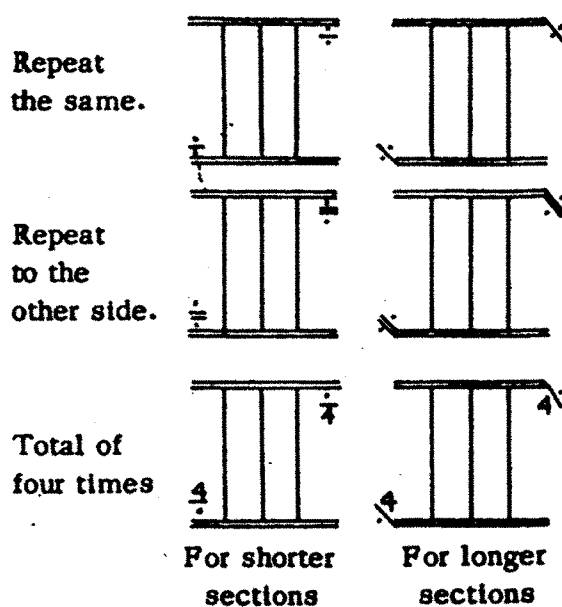


REPEAT SIGNS*

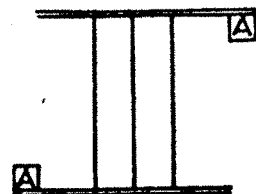
Within the Staff

-  Repeat the same.
-  Repeat to the other side.
-  Do what A is doing now.
-  Do what you did in bar 4.
-  Do what A did in bar 4.

Outside the Staff: Sectional Repeats



Labeling a reprise



*For alternate version of repeats analogy signs in the Alphabet.

NAME :

ADDRESS :

PH. / FAX / E-MAIL :

EDUCATIONAL QUALIFICATION :

DANCE QUALIFICATION :

NAME OF YOUR INSTITUTION :

STARTED WHEN :

HOW MANY STUDENTS AND
WHAT LEVEL :

ANY OTHER TEACHER
EMPLOYED :

DANCE TRAINING :

(a) NAME OF THE GURU / INSTITUTION.

(b) YEAR OF TRAINING : FROM _____ TO _____

It is observed and experienced that during learning and teaching Bharatanatyam technique, regional words such as "ARAMANDI", "ATTAMI", "ARADHI" and sanskrit words as "ANCITA", "AYATA", "SAMAPADA" etc. are used as technical terms. Please give a list of all such technical terms that you have come across or are using.

(1) List of Adavu sets learnt (with their school's specific names)

(2) The technical terms in Tamil / Sanskrit as used by your teachers.

Body Positions :

(a) Feet :

Standing _____,	Sitting _____
On the balls _____,	On the heels _____
Heel Striking _____,	Toe Striking _____
Feet Striking _____,	Two Heels Striking _____
Two balls Striking _____,	Jump _____
Slide _____,	Stretched Positions _____

(b) Finger Movements :

Flexing _____,	Stretching _____
----------------	------------------

(c) Hands :

On the waist _____,	Front of the chest _____
Opening _____,	Elbows up _____

(d) Stomach in _____	(e) Hip in _____
----------------------	------------------

(f) Shoulder back _____	(g) Chin up _____
-------------------------	-------------------

(h) Open your knees _____	(i) Body Bends _____
---------------------------	----------------------

(j) Neck Movement _____	(k) Shoulder movement _____
-------------------------	-----------------------------