

Annexure 17

Informed Consent Letter to Initiate Iron Folic Acid Supplementation

Adolescents represent tomorrow's work force hence investing time in their today is crucial

Dear Parents,

You all are aware that a "Nutrition Health Promotion Programme" has been started in the school. After the analysis of the data, collected during the last school session, we are providing a health card, which will give you an insight to your child's health status. The problem of "Malnutrition" (over nutrition and under nutrition) persists among the children.

Under nutrition (under weight or anemics) also has serious long term consequences as, it affects child's cognitive ability (remembering capabilities) and results in poor performance in the class. These children are also vulnerable to infections, which interferes with their holistic development.

This double burden of malnutrition (over nutrition and under nutrition) can be reduced by creating an enabling environment for the children in the **school** as well as in the family (especially educating mothers), i.e., helping children to modify their dietary and lifestyle behaviors.

With this concern, the school is organizing a talk on "Importance of School Feeding Programme" on 9th August, 2008 in the auditorium at 8.30 am. You all are requested to attend this talk where we can have an open discussion on the need to start a School Feeding Programme.

Name of the child: _____ Class: _____

Signatures Father: _____ Mother: _____