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APPENDIX IInterviewers : _____

Village: _____

Family No. _____

GENERAL INFORMATION

1. Date :

2. Head of the family :

Caste

Religion

3. Composition of family *

No.	Name	Sex	Age	Occupation	Education	Relation to head
(i)						
(ii)						
(iii)						
(iv)						
(v)						
(vi)						
(vii)						
(viii)						

* Indicate members living away from home with an asterisk.

4. Record of family members deceased

(a) Number of still born and dates :

(b) Others :

No.	Name	Relation to Head	Age at death	Cause of Death
(i)				
(ii)				
(iii)				
(iv)				
(v)				
(vi)				
(vii)				
(viii)				

5. Income from :

No.	Land	Farm	Poultry	Dairy	Cattle	Other	Total amount
(i)							
(ii)							
(iii)							
(iv)							
(v)							
(vi)							
(vii)							
(viii)							

6.
 - (i) Size of land holding
 - (ii) Mode of irrigation
 - (iii) Crops cultivated
 - (iv) Cultivation practices

Seed	Manure
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 - (v) Yield
 - (vi) Organization of work on the farm :
 - work done by head, by other family members:
 - by hired labourers :
 - nature of hired labour :
 - (vii) Work during
 - June - August
 - September - November
 - December - February
 - March - May
7. Home life or General atmosphere - happy/indifferent/unhappy
8. Environmental hygiene
 - (a) General
 - (b) Availability of water
 - (c) Personal cleanliness
 - General - Bath - Clothes
 - (d) Sanitary arrangement
 - (e) Ventilation
 - (f) Chimney arrangement
 - (g) Garbage disposal

Interviewer _____ Village _____
Family No. _____

DIETARY SURVEY

1. Date

2. Food habits

(a) Vegetarian/non-vegetarian/non-vegetarian but usually takes vegetarian food.

(b) Common dietary pattern :

Morning
Mid-day
Afternoon
Evening
Other

3. Special foods :

(a) for different groups

Groups	Foods recommended	Foods avoided
(i) Adults		
(ii) Infants		
(iii) Pregnant women		
(iv) Lactating women		
(v) Invalids		

(b) during illness :

illness	Foods recommended	Foods avoided
(i) Cold		
(ii) Fever		
(iii) Diarrhoea		
(iv) Dysentery		

(e) during different seasons

Season	Foods recommended	Foods avoided
Summer		
Winter		
Monsoon		

(d) for religious or other reasons :

Occasion	Foods recommended	Foods avoided
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4. Methods of cooking :

- (a) Roti
- (b) Rice
- (c) Dal
- (d) Vegetables

5. Food sharing practices :

6. Members eating out : Member Types of food taken outside

- (a) Regularly
- (b) Occasionally

7. Foods consumed at home :

Foodstuffs	Amount per day/week/month	Form in which consumed	Purchased or cultivated, if the former mode of purchase
(1) Cereals and millets			
(2) Pulses			
(3) Whole legumes			

(4) Vegetables.

(i) Leafy

(ii) Others

(iii) Roots and tubers

(5) Fruits

(6) Nuts

(7) Flesh foods

(8) Fats and Oils

(9) Milk

Curds

Butter milk

(10) Sugar

Jaggery

Others

(Honey, molasses etc.)

(11) Candiments

Tamarind

Cocum

Mango slices

Chillies

Other spices

(12) Preserved foods

Pickles

Papadi

Other items

(13) Beverages

Tea

Coffee

Cocoa

Other

(14) Miscellaneous

Betel nut

Beter leaves

Chewing tobacco

Smoking tobacco

8. Variation in the foodstuffs during the season :

Foodstuff	December to February	March to May	June to August	September to November
(1) *Cereals				
(2) +Pulses				
(3) Vegetables				
(4) Fruits				
(5) Milk				
(6) Other				

* include cereal products such as rava, maida, sev-powa, mamara etc.

+ include whole legumes.

9. Methods of storage :

Food grains

Vegetables

Fruits

Cooked food