

APPENDIX 2

Background Information

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- 1) Date of interview : _____
- 2) Name of the school : _____
- 3) Code no. of the school : _____
- 4) Name of the child : _____
- 5) Roll no. of the child : _____
- 6) Date of birth : _____
- 7) Standard with division : _____
- 8) Medium : 1) English 2) Gujarati
- 9) Sex : 1) Male 2) Female
- 10) Religion : 1) Hindu 2) Muslim 3) Sikh 4) Christian 5) Parsi
6) Others
- 11) Type of family : 1) Joint 2) Nuclear 3) Extended Nuclear
- 12) Family size : Total ____ Adults ____ Children (< 18 yrs) ____
- 13) Father's occupation : Actual
- 14) Father's education : 1) Elementary 2) High school 3) Diploma
4) Graduate 5) Postgraduate 6) Ph. D.
(write actual also)
- 15) Mother's occupation : Actual
- 16) Mother's education : 1) Elementary 2) High school 3) Diploma
4) Graduate 5) Postgraduate 6) Ph. D.
(write actual also)
- 17) Approximate family income : Rs. _____ Month
- 18) Per capita income : _____
- 19) Anthropometric measurements :
 - a) Height in cms : 1) _____ 2) _____ 3) _____ Mean _____
 - b) Weight in Kg : 1) _____ 2) _____ 3) _____ Mean _____
 - c) Body mass index (BMI) = $Wt. \text{ in kg} / ht^2 \text{ in mt.} =$ _____
 - d) Waist in cms : 1) _____ 2) _____ 3) _____ Mean _____

e) Hip in cms : 1) ——— 2) ——— 3) ——— Mean _____

f) W/H ratio : _____

20) Do you exercise? : 1) Yes 2) No

Sr no.	Type of exercise	Daily	Weekly	Sometimes	Duration
1	Brisk walking				
2	Jogging				
3	Cycling				
4	Gymnasium				
5	Swimming				
6	Cricket				
7	Badminton				
8	Table Tennis				
9	Volley ball				
10	Football				
11	Dodge ball				
12	Basket ball				
13	Pull-ups/Sit-ups				
14	Any other (specify)				

21) Dietary habits : 1) Vegetarian 2) Non- Vegetarian 3) Ovo-Vegetarian.

22) Is any body overweight/obese in your family ? 1) Father 2) Mother 3) Both the parents 4) siblings

23) Mode of transport : 1) Autorickshaw 2) Bus 3) Cycle 4) Any other (specify)