

LIST OF ABBREVIATIONS

| | |
|-----------|--|
| AOA | - American Obesity Association |
| AR | - Adiposity Rebound |
| BMI | - Body Mass Index |
| CATCH | - Child and Adolescent Trial for Cardiovascular Health |
| CDC | - Centre for Disease Control and Prevention |
| CDD | - Chronic Degenerative Disease |
| CHD | - Coronary Heart Disease |
| CHO | - Carbohydrate |
| CVD | - Cardiovascular Diseases |
| DNCDs | - Diet Related Non-Communicable Diseases |
| DXA | - Dual X Ray Absorptiometry |
| FBS | - Fasting Blood Sugar |
| GI | - Glycemic Index |
| HDL-C | - High Density Lipoprotein Cholesterol |
| HT | - Hypertension |
| IBWH | - Ideal Body Weight for Height |
| ICMR | - Indian Council of Medical Research |
| INCLIN | - International Clinical Epidemiology Network |
| IOTF | - International Obesity Task Force |
| KIA | - Kappa Index of Agreement |
| LDL-C | - Low Density Lipoprotein Cholesterol |
| NAASO | - North American Association for The Study Of Obesity |
| NCDs | - Non-Communicable Diseases |
| NCHS | - National Council for Health Statistics |
| NHANES | - National Health and Nutrition Examination Survey |
| NHES | - National Health Examination Survey |
| NIDDM | - Non Insulin Dependent Diabetes Mellitus |
| NIH | - National Institute of Health |
| Non Ow/Ob | - Non Overweight/Obese |
| Ob | - Obese |
| Ow | - Overweight |
| PI | - Ponderal Index |
| RMR | - Resting Metabolic Rate |
| SFT | - Skin Fold Thickness |
| TC | - Total Cholesterol |
| TEE | - Total Energy Expenditure |
| TG | - Triglyceride |
| TV | - Television |
| US | - United States |
| VAT | - Visceral Adipose Tissue |
| VLDL-C | - Very Low Density Lipoprotein Cholesterol |
| WC | - Waist Circumference |
| WHO | - World Health Organisation |
| WHR | - Waist to Hip Ratio |