

DECLARATION

I hereby declare that the thesis entitled, “**The Therapeutic Value of Pilates in Indian Classical Dance-Bharatanatyam**” which is submitted to The Maharaja Sayajirao University of Baroda for the award of the Degree of Doctor of Philosophy in Dance-Bharatanatyam is the result of the work carried out by me in Department of Dance-Bharatanatyam, Faculty of Performing Arts, The Maharaja Sayajirao University of Baroda under the guidance of **Dr. Ami Pandya**.

I further declare that the result of this work has not been previously submitted for any Degree/Fellowship.

(Vrushika Jigar Dave)

Research scholar

Place: Vadodara

Date: