

LIST OF PLATES

PLATE

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|----|---|---|
| 1 | : | Traditional chulah |
| 2 | : | Fuel-efficient biogas chulah |
| 3 | : | Manual milk churner |
| 4 | : | Human cost effective electric milk churner |
| 5 | : | Manual grain grinder |
| 6 | : | Time and energy conserving electric grain grinder |
| 7 | : | Human energy intensive manual fodder cutter |
| 8 | : | Woman's seldom access to electric fodder cutter |
| 9 | : | Community water tap-a saver of time and energy |
| 10 | : | Handpump inside the house |
| 11 | : | Traditional plough |
| 12 | : | Tractor being used for levelling the field |
| 13 | : | Tubewell : modern irrigation system |
| 14 | : | Spraying of pesticide on crop |
| 15 | : | Women limited access to modern health care services |
| 16 | : | Television set in rural household modern communication technology |
| 17 | : | Scene at an anganwadi centre |