

## APPENDICES

## APPENDIX - I

### QUESTIONNAIRE TO ELICIT THE INFORMATION REGARDING THE GOALS HELD BY CAREER WOMEN

Dear Madam,

I, Neeraja Telaprolu is a Ph.D. scholar from the M.S. University of Baroda, Baroda. I need the following information for my research work. The topic for my doctoral dissertation is entitled as "Stresses experienced and role fulfilment by career women in dual career families". May I request you to kindly go through the following introduction and furnish the information requested. Your kind co-operation is very much essential to carry out this research.

Thanking you,

Yours sincerely,

[ NEERAJA, T.]  
Research Scholar

#### INTRODUCTION

By virtue of your association with your employment organisation and family organisation, you need to fulfil variety of roles in both these organisations. You may set goals pertaining to your roles and strive to attain or achieve them. For example in the employment organisation you may set a goal not to pile up your work. To achieve this goal you will plan and work accordingly. Likewise in the family as a mother you may set a goal to provide good educational facilities to your children. To achieve this goal accordingly you will plan your resources..

Apart from these personal goals, the employment and family organisations may have their goals for which your contribution as a member is essential. For example, your employment organisation may set a goal to achieve good results, or maximise production etc., and your family organisation may set a goal to have a own house, or to establish your children in good career etc.

These goals fall under three different types like short range goals, intermediate goals, and long range goals.

Short range goals are those to be accomplished within near future e.g. to have the meal ready before you go to office.

Intermediate goals may take several months or a year to two to reach e.g. to purchase a vehicle, etc.

Long range goals are set for the more distant future and are more abstract e.g. to improve the household's standard of living.

To identify your goals and their type question yourself in the following ways :

1. What do I plan to accomplish before I go to sleep to night?
2. What do I plan to get done by the end of next week?
3. What do I anticipate I will be doing ten years from today.

Answers to these questions will indicate, short range, intermediate and long range goals respectively.

Now I request you to answer the following questions:

1. What are your employment organisational goals?
  - i) Short range goals
  - ii) Intermediate goals
  - iii) Long range goals

2. What are your personal goals related to your career?

- i) Short range goals
- ii) Intermediate goals
- iii) Long range goals

3. What are your family goals?

- i) Short range goals
- ii) Intermediate goals
- iii) Long range goals

4. What are your personal goals related to family?

- i) Short range goals
- ii) Intermediate goals
- iii) Long range goals.