

INDEX



SR. NO.	TOPIC	PAGE NO.
	Title Page	
	Certificate	
	Acknowledgement	
	Index	I-IV
	List of Tables	V-X
	List of Figures	XI-XV
1.	LITERATURE REVIEW	1-99
1.1	FREE RADICALS	1-2
1.1.1	Definition	1
1.1.2	Formation of Free Radicals	1
1.2	REACTIVE OXYGEN SPECIES	2-9
1.2.1	Singlet Oxygen	3
1.2.2	Superoxide Radical	5
1.2.3	Hydrogen Peroxide	5
1.2.4	Hydroxyl Radical	7
1.2.5	Hypochlorous acid	9
1.2.6	Nitric Oxide	9
1.3	SOURCES OF FREE RADICALS	9-10
1.4	REACTIVE OXYGEN SPECIES AND ITS BIOLOGICAL CONSEQUENCES	10-14
1.4.1	Lipid Damage (Lipid Peroxidation)	11
1.4.2	DNA Damage	12
1.4.3	Damage to Enzymes and Proteins	13
1.4.4	Damage to Carbohydrates	13
1.4.5	Lipofuscin Pigments	14
1.5	DEFENSES AGAINST FREE RADICALS: ANTIOXIDANTS	14-22
1.5.1	Endogenous Antioxidants	16
1.5.1.1	Antioxidant Defense <i>In Vivo</i> : Intracellular	16
1.5.1.2	Antioxidant Defence <i>In Vivo</i> : Extracellular	16
1.5.2	Exogenous Antioxidants	19
1.6	FREE RADICALS AND HUMAN DISEASES	22-50
1.6.1	Role of free radicals in Ulcers	23
1.6.2	Role of free radicals in Myocardial infarction	30
1.6.3	Role of free radicals in Kidney Damage	35
1.6.4	Role of free radicals in Liver Damage	39
1.6.5	Role of free radicals in Atherosclerosis	48

1.7	HERBAL DRUGS AS ANTIOXIDANTS	50-99
1.7.1	<i>Anacyclus pyrethrum</i>	54
1.7.2	<i>Argyreia speciosa</i>	55
1.7.3	<i>Asparagus racemosus</i>	56
1.7.4	<i>Bacopa monnieri</i>	59
1.7.5	<i>Centella asiatica</i>	61
1.7.6	<i>Emblica officinalis</i>	64
1.7.7	<i>Glycyrrhiza glabra</i>	68
1.7.8	<i>Mangifera indica</i>	72
1.7.9	<i>Moringa pterygosperma</i>	74
1.7.10	<i>Mucuna pruriens</i>	77
1.7.11	<i>Piper longum</i>	80
1.7.12	<i>Solanum nigrum</i>	82
1.7.13	<i>Strychnos nux-Vomica</i>	83
1.7.14	<i>Syzygium aromaticum</i>	85
1.7.15	<i>Tinospora cordifolia</i>	89
1.7.16	<i>Tribulus terrestris</i>	92
1.7.17	<i>Withania somnifera</i>	94
1.7.18	Bhunimbadi Kwath	95
1.7.19	Kapardi Bhasma	96
1.7.20	Mouktika Bhasma	96
1.7.21	Praval Bhasma	96
1.7.22	Shankh Bhasma	97
1.7.23	Shring Bhasma	97
1.7.24	Shuddha Gairika Bhasma	97
1.7.25	Sootshekhar Ras	98
1.7.26	Swarnabhasma	98
CHAPTER TWO		
2.	INTRODUCTION	100-115
2.1	FREE RADICALS	101-102
2.2	ANTIOXIDANTS	102-103
2.3	ANTIOXIDANTS IN DISEASE PREVENTION	103-110
2.4	HERBAL DRUGS AS ANTIOXIDANTS	110-111
2.5	AIMS AND OBJECTIVES	111-115
CHAPTER THREE		
3.	MATERIALS AND METHODS	116-151
3.1	MATERIALS	116-119
3.1.1	Composition	116
3.1.2	Sources of Fine Chemicals	117

3.1.3	Animals	118
3.2	METHODS (EXPERIMENTAL DESIGN)	118-133
3.2.1	<i>In Vitro</i> Studies	118
3.2.2	<i>In Vivo</i> Studies	121
3.2.3	Biochemical Estimations	130
3.2.4	Removal And Processing Of Serum And Tissues For Various Estimations	131
3.3	TISSUE ESTIMATIONS	133-146
3.3.1	Determination of Lipid Peroxidation (MDA content)	133
3.3.2	Assay of Endogenous Antioxidants	134
3.3.3	Assay of Membrane Bound Enzymes and Inorganic Phosphorus	137
3.3.4	Estimation of Total Protein	141
3.3.5	Extraction and Estimation of Lipids	142
3.4	SERUM ESTIMATIONS	146-151
3.4.1	Creatine kinase (CK)	146
3.4.2	Lactate dehydrogenase (LDH)	147
3.4.3	Creatinin	147
3.4.4	Uric acid	147
3.4.5	Urea and Blood urea nitrogen (BUN)	148
3.4.6	Alanine aminotransferase (GPT)	148
3.4.7	Aspartate aminotransferase (GOT)	149
3.4.8	Alkaline Phosphatase	149
3.4.9	Total Bilirubin	150
3.4.10	Lipids	150
3.5	HISTOPATHOLOGICAL STUDIES	151
3.6	STATISTICAL ANALYSIS OF DATA	151
CHAPTER FOUR		
4.	RESULTS	152-367
4.1	IN VITRO STUDIES	152-161
4.1.1	DPPH Assay	152
4.1.2	Assay For Superoxide Radical Scavenging Activity	157
4.2	IN VIVO STUDIES	162-367
4.2.1	Pylorus Ligation-Induced Ulcer Method	162-193
4.2.2	Ethanol-Induced Ulcer Method	194-219
4.2.3	Isoproterenol-Induced Myocardial Infarction	220-252
4.2.4	Cisplatin-Induced Nephrotoxicity (Acute Model)	253-277
4.2.5	Cisplatin-Induced Nephrotoxicity (Chronic Model)	278-313

4.2.6	Carbon Tetrachloride-Induced Liver Damage	314-346
4.2.7	Hypocholesterolemic And Antioxidant Activity Of Drug-X	347-367
5.	CHAPTER FIVE DISCUSSION	368-385
6.	CHAPTER SIX SUMMARY AND CONCLUSION	386-390
7.	CHAPTER SEVEN BIBLIOGRAPHY	391-418
PUBLICATIONS FROM THIS THESIS		419
