

ABBREVIATIONS

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| AHS | Annual Health Survey |
| ANC | Antenatal care |
| ANM | Auxiliary Nursing Midwifery |
| AQFBD | Appropriate quantity of foodstuffs needed for the balanced diet |
| ASHA | Accredited Social Health Activist |
| BMC | Bone Mineral Content |
| BMD | Bone Mineral Density |
| BMR | Basal Metabolic Rate |
| BP | Blood pressure |
| CAB | Clinical, Anthropometric, and Bio-Chemical Survey |
| CAMO | Chief Administrative Medical Officer |
| CDPO | Child Development Project Officer |
| cm | Centimeter |
| C-sec | Cesarean section |
| CU | Consumption Unit |
| DBP | Vitamin D binding protein |
| dL | Deciliter |
| DLHS | District Level Household and Facility Survey |
| DWCD | Delhi Women and Child Development |
| EAR | Estimated Average Intake |
| EDD | Estimated Date of Delivery |
| ELISA | Enzyme-linked immunoassay |
| ESS | Statistically extremely-significant |
| FAO | Food and Agriculture Organization |
| FFQ | Food Frequency Questionnaire |
| FIGO | The International Federation of Gynecology and Obstetrics |
| GDM | Gestational diabetes |
| GLV | Green leafy vegetables |

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| gm | Gram |
| Govt. | Government |
| GOI | Government of India |
| Hb | Haemoglobin |
| ICDS | Integrated Child Development Scheme |
| ICMR | Indian Council of Medical Research |
| IEC | Institutional Ethics Committee |
| IFA | Iron and Folic acid |
| IIPS | International Institute for Population Sciences |
| I-NIPI | Intensified National Iron Plus Initiative |
| IOM | Institute of Medicine (US) |
| IU | International Unit |
| kg/Kg | Kilogram |
| LBW | Low birth weight |
| LCMS | Liquid Chromatography Mass tandem Spectrophotometry |
| LMP | Last Menstrual Period |
| LRTI | Lower Respiratory Tract infection |
| M.D. | Doctor of Medicine |
| MAVIDOS | Maternal Vitamin D Osteoporosis Study |
| MDM | Mid-Day Meal |
| mg | Milligram |
| ml | Milliliter |
| MoHFW | Ministry of Health and Family Welfare, Government of India |
| MWCD | Ministry of Women and Child Development |
| NCD | Non-Communicable Disease |
| NFHS | National Family Health Survey |
| NFI | Nutrition Foundation of India |
| ng | Nanogram |
| NIN | National Institute of Nutrition |
| NIPI | National Iron Plus Initiative |

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| nmol | Nanomoles |
| NNMB | National Nutrition Monitoring Bureau |
| NPNL | Non-Pregnant Non-Lactating |
| NRDS | Neonatal Respiratory Distress Syndrome |
| NS | Statistically non-significant |
| NSSO | National Sample Survey Office |
| OD | Optical Density |
| OPD/ OP | Outpatient Department |
| PHCI | Primary Health Care Institution |
| PIH | Pregnancy Induced Hypertension |
| PTH | Parathyroid hormone |
| PTH | Parathyroid hormone |
| RCT | Randomized Control Trial |
| RDA | recommended daily/dietary allowances |
| RDI | Recommended Dietary Intake |
| RIA | Radioimmunoassay |
| RSV | Respiratory Syncytial Virus |
| SD | Standard Deviation |
| SDMC | South Delhi Municipal Corporation |
| SDP | Socio Demographic Profile |
| SGA | Small for Gestational Age |
| SS | Statistically significant |
| TA | Tablets Available |
| TC | Tablets Consumed |
| TP | Tablets Provided |
| TR | Tablets Remaining |
| VHND | Village Health Nutrition Day |
| WCD | Women and Child Development |
| WHO | World Health Organization |
| wt | Weight |

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|--------------------------|--------------------------|
| μl | Microliter |
| 24,25(OH) ₂ D | 24,25-dihydroxyvitamin D |
| 25(OH)D | 25-Hydroxy Vitamin D |