

LIST OF TABLES

Table No.

- 1a: Showing experimental research design
- 2a: Showing number of individuals in each group suffering with
different skin diseases
- 2b: Showing names of the measures taken and number of dimensions
in each measure with minimum and maximum scores and reliability
of the tools
- 2c: Showing the hypnotherapeutic techniques used in sessions

- 3.1.A: Showing mean scores of self confidence in post and follow up testing
- 3.1.B: Showing tests of between – subject effects before Adjustment in Self confidence.
- 3.1.C: Showing tests of between- subject effect after adjustment in self
confidence
- 3.1.D: Showing pairwise comparison of groups in self confidence.
- 3.2.1.B: Showing tests of between – subject effects before Adjustment in
Subjective well – being (General well – being positive affect).
- 3.2.1.C: Showing tests of between – subject effects after adjustment in
Subjective well – being (General well – being positive affect).
- 3.2.1.D: Showing pairwise comparison of groups in Subjective well - being
(General well – being positive affect)
- 3.2.2.A: Showing mean scores of Subjective Well - Being at dimension
Expectation – achievement congruence in post and follow up testing.
- 3.2.2.B: Showing tests of between – subject effects before Adjustment in
Subjective well - being (Expectation – achievement congruence)
- 3.2.2.C: Showing tests of between – subject effects after adjustment in
Subjective well - being (Expectation – achievement congruence)
- 3.2.2.D: Showing pairwise comparison of groups in Subjective well - being
(Expectation – achievement congruence)

- 3.2.3.A: Showing mean scores of Subjective Well - Being at dimension Confidence in coping in post and follow up testing.
- 3.2.3.B: Showing tests of between – subject effects before Adjustment in Subjective well - being (Confidence in Coping)
- 3.2.3.C: Showing tests of between – subject effects after adjustment in Subjective well - being (Confidence in Coping)
- 3.2.3.D: Showing pairwise comparison of groups in Subjective well - being (Confidence in Coping)
- 3.2.4.A: Showing mean scores of Subjective Well - Being at dimension Transcendence in post and follow up testing.
- 3.2.4.B: Showing tests of between – subject effects before adjustment in Subjective well - being (Transcendence)
- 3.2.4.C: Showing tests of between – subject effects after adjustment in Subjective well - being (Transcendence)
- 3.2.4.D: Showing pairwise comparison of groups in Subjective well - being (Transcendence)
- 3.2.5.A: Showing mean scores of Subjective Well - Being at dimension Family group support in post and follow up testing.
- 3.2.5.B: Showing tests of between – subject effects before adjustment in Subjective well - being (Family group support)
- 3.2.5.C: Showing tests of between – subject effects after adjustment in Subjective well - being (Family group support)
- 3.2.5.D: Showing pairwise comparison of groups in Subjective well - being (Family group support)
- 3.2.6.A: Showing mean scores of Subjective Well - Being at dimension
- 3.2.6.B: Showing tests of between – subject effects before adjustment in Subjective well - being (Social support)
- 3.2.6.C: Showing tests of between – subject effects after adjustment in Subjective well - being (Social support)
- 3.2.6.D: Showing pairwise comparison of groups in Subjective well - being (Social support)

- 3.2.7.A: Showing mean scores of Subjective Well - Being at dimension
Primary group concern in post and follow up testing.
- 3.2.7.B: Showing tests of between – subject effects before adjustment in
Subjective well - being (Primary group concern)
- 3.2.7.C: Showing tests of between – subject effects after adjustment in
Subjective well - being (Primary group concern)
- 3.2.7.D: Showing pairwise comparison of groups in Subjective well - being
(Primary group concern)
- 3.2.8.A: Showing mean scores of Subjective Well - Being at dimension
Inadequate mental mastery in post and follow up testing.
- 3.2.8.B: Showing tests of between – subject effects before adjustment in
Subjective well - being (Inadequate mental mastery)
- 3.2.8.C: Showing tests of between – subject effects after adjustment in
Subjective well - being (Inadequate mental mastery)
- 3.2.8.D: Showing pairwise comparison of groups in Subjective well - being
(Inadequate mental mastery)
- 3.2.9.A: Showing mean scores of Subjective Well - Being at dimension
Perceived ill – health in post and follow up testing.
- 3.2.9.B: Showing tests of between – subject effects before adjustment in
Subjective well - being (Perceived ill - health)
- 3.2.9.C: Showing tests of between – subject effects after adjustment in
Subjective well - being (Perceived ill - health)
- 3.2.9.D: Showing pairwise comparison of groups in Subjective well - being
(Perceived ill - health)
- 3.2.10.A: Showing mean scores of Subjective Well - Being at dimension
Deficiency of social contacts in post and follow up testing.
- 3.2.10.B: Showing tests of between – subject effects before adjustment in
Subjective well - being (Perceived ill - health)
- 3.2.10.C: Showing tests of between – subject effects after adjustment in
Subjective well - being (Perceived ill - health)
- 3.2.10.D: Showing pairwise comparison of groups in Subjective well - being

(Perceived ill - health)

3.2.11.A: Showing mean scores of Subjective Well - Being at dimension

General well – being negative affect in post and follow up testing.

3.2.11.B: Showing tests of between – subject effects before adjustment in

Subjective well - being (General well – being negative affect)

3.2.11.C: Showing tests of between – subject effects after adjustment in

Subjective well - being (General well – being negative affect)

3.2.11.D: Showing pairwise comparison of groups in Subjective well - being

(General well – being negative affect)

3.3.1.A: Showing mean scores of Adjustment at dimension Home in post and follow up testing.

3.3.1.B: Showing tests of between – subject effects before adjustment in

Adjustment (Home)

3.3.1.C: Showing tests of between – subject effects after adjustment in

Adjustment (Home)

3.3.1.D: Showing pairwise comparison of groups in Adjustment (Home)

3.3.2.B: Showing tests of between – subject effects before adjustment

Adjustment (Health).

3.3.2.C: Showing tests of between – subject effects after adjustment in

Adjustment (Health)

3.3.2.D: Showing pairwise comparison of groups in Adjustment (Health)

3.3.3.A: Showing mean scores of Adjustment at dimension Social in post and follow up testing.

3.3.3.B: Showing tests of between – subject effects before adjustment in

Adjustment (Social)

3.3.3.C: Showing tests of between – subject effects after adjustment in

Adjustment (Social)

3.3.3.D: Showing pairwise comparison of groups in Adjustment (Social)

3.3.4.A: Showing mean scores of Adjustment at dimension Emotional in post and follow up testing.

3.3.4.B: Showing tests of between – subject effects before adjustment in

Adjustment (Emotion)

- 3.3.4.C: Showing tests of between – subject effects after adjustment in Adjustment (Emotion)
- 3.3.4.D: Showing pairwise comparison of groups in Adjustment (Emotion)
- 3.3.5.A: Showing mean scores of Adjustment at dimension Occupation in post and follow up testing.
- 3.3.5.B: Showing tests of between – subject effects before adjustment in Adjustment (Occupation)
- 3.3.5.C: Showing tests of between – subject effects after adjustment in Adjustment (Occupation)
- 3.3.5.D: Showing pairwise comparison of groups in Adjustment (Occupation)
- 3.3.6.A: Showing mean scores of Adjustment total in post and follow up testing.
- 3.3.6.B: Showing tests of between – subject effects before adjustment in Adjustment total.
- 3.3.6.C: Showing tests of between – subject effects after adjustment in Adjustment total.
- 3.4.1.B: Showing tests of between – subject effects before adjustment in Anxiety (State).
- 3.4.1.C: Showing tests of between – subject effects after adjustment in Anxiety (State).
- 3.4.1.D: Showing pairwise comparison of groups in Anxiety (State).
- 3.4.2.A: Showing mean scores of Anxiety at dimension Trait in post and follow up testing.
- 3.4.2.B: Showing tests of between – subject effects before adjustment in Anxiety (Trait).
- 3.4.2.C: Showing tests of between – subject effects after adjustment in Anxiety (Trait).
- 3.4.2.D: Showing pairwise comparison of groups in Anxiety (Trait).
- 3.5.1.A: Showing mean scores of Multidimensional health locus of control at dimension Internal in post and follow up testing.

- 3.5.1.B: Showing tests of between – subject effects before adjustment in Multidimensional health locus of control (Internal).
- 3.5.1.C: Showing tests of between – subject effects after adjustment in Multidimensional health locus of control (Internal).
- 3.5.1.D: Showing pairwise comparison of groups in Multidimensional health locus of control (Internal).
- 3.5.2.A: Showing mean scores of Multidimensional health locus of control at dimension Powerful others in post and follow up testing.
- 3.5.2.B: Showing tests of between – subject effects before adjustment in Multidimensional health locus of control (Powerful others).
- 3.5.2.C: Showing tests of between – subject effects after adjustment in Multidimensional health locus of control (Powerful others)
- 3.5.2.D: Showing pairwise comparison of groups in Multidimensional health
- 3.5.3.A: Showing mean scores of Multidimensional health locus of control at dimension Chance in post and follow up testing.
- 3.5.3.B: Showing tests of between – subject effects before adjustment in Multidimensional health locus of control (Chance)
- 3.5.3.C: Showing tests of between – subject effects after adjustment in Multidimensional health locus of control (Chance)
- 3.5.3.D: Showing pairwise comparison of groups in Multidimensional health locus of control (Chance)
- 3.6.1.A: Showing mean scores of Sensation Seeking at dimension Thrill and Adventure seeking in post and follow up testing.
- 3.6.1.B: Showing tests of between – subject effects before adjustment in Sensation seeking at dimension Thrill and adventure seeking
- 3.6.1.C: Showing tests of between – subject effects after adjustment in Sensation seeking at dimension Thrill and adventure seeking
- 3.6.1.D: Showing pairwise comparison of groups in Sensation seeking at dimension Thrill and adventure seeking
- 3.6.2.A: Showing mean scores of Sensation Seeking at dimension Experience seeking in post and follow up testing.

- 3.6.2.B: Showing tests of between – subject effects before adjustment in
Sensation seeking at dimension Experience seeking
- 3.6.2.C: Showing tests of between – subject effects after adjustment in
Sensation seeking at dimension Experience seeking
- 3.6.2.D: Showing pairwise comparison of groups in Sensation seeking at
dimension Experience seeking
- 3.6.3.A: Showing mean scores of Sensation seeking at dimension Disinhibition
in post and follow up testing.
- 3.6.3.B: Showing tests of between – subject effects before adjustment in
Sensation seeking at dimension Disinhibition
- 3.6.3.C: Showing tests of between – subject effects after adjustment in
Sensation seeking at dimension Disinhibition
- 3.6.3.D: Showing pairwise comparison of groups in Sensation seeking at
dimension Disinhibition
- 3.6.4.A: Showing mean scores of Sensation seeking at dimension Boredom
susceptibility in post and follow up testing.
- 3.6.4.B: Showing tests of between – subject effects before adjustment in
Sensation seeking at dimension Boredom susceptibility
- 3.6.4.C: Showing tests of between – subject effects after adjustment in
Sensation seeking at dimension Boredom susceptibility
- 3.6.4.D: Showing pairwise comparison of groups in Sensation seeking at
dimension Boredom susceptibility
- 3.6.5.A: Showing mean scores of Sensation seeking total in post and follow up
testing.
- 3.6.5.B: Showing tests of between – subject effects before adjustment in
Sensation seeking total
- 3.6.5.C: Showing tests of between – subject effects after adjustment in
Sensation seeking total
- 3.6.5.D: Showing pairwise comparison of groups in Sensation seeking total
- 3.7.1.A: Showing mean scores of Coping skills at dimension Active coping
in post and follow up testing.

- 3.7.1.B: Showing tests of between – subject effects before adjustment in Coping skills (Active coping)
- 3.7.1.C: Showing tests of between – subject effects after adjustment in Coping skills (Active coping)
- 3.7.1.D: Showing pairwise comparison of groups in Coping skills (Active coping)
- 3.7.2.A: Showing mean scores of Coping skills at dimension Planning in post and follow up testing.
- 3.7.2.B: Showing tests of between – subject effects before adjustment in Coping skills (Planning)
- 3.7.2.C: Showing tests of between – subject effects after adjustment in Coping skills (Planning)
- 3.7.2.D: Showing pairwise comparison of groups in Coping skills (Planning)
- 3.7.3.A: Showing mean scores of Coping skills at dimension Seeking instrumental social support in post and follow up testing.
- 3.7.3.B: Showing tests of between – subject effects before adjustment in Coping skills (Seeking instrumental social support)
- 3.7.3.C: Showing tests of between – subject effects after adjustment in Coping skills (Seeking instrumental social support)
- 3.7.3.D: Showing pairwise comparison of groups in Coping skills (Seeking instrumental social support)
- 3.7.4.A: Showing mean scores of Coping skills at dimension Seeking emotional social support in post and follow up testing.
- 3.7.4.B: Showing tests of between – subject effects before adjustment in Coping skills (Seeking Emotional social support)
- 3.7.4.C: Showing tests of between – subject effects after adjustment in Coping skills (Seeking Emotional social support)
- 3.7.4.D: Showing pairwise comparison of groups in Coping skills (Seeking Emotional social support)
- 3.7.5.A: Showing mean scores of Coping skills at dimension Suppression of competing activities in post and follow up testing.

- 3.7.5.B: Showing tests of between – subject effects before adjustment in Coping skills (Suppression of competing activities)
- 3.7.5.C: Showing tests of between – subject effects after adjustment in Coping skills (Suppression of competing activities)
- 3.7.5.D: Showing pairwise comparison of groups in Coping skills (Suppression of competing activities)
- 3.7.6.A: Showing mean scores of Coping skills at dimension Turning to religion in post and follow up testing.
- 3.7.6.B: Showing tests of between – subject effects before adjustment in Coping skills (Turning to religion)
- 3.7.6.C: Showing tests of between – subject effects after adjustment in Coping skills (Turning to religion)
- 3.7.6.D: Showing pairwise comparison of groups in Coping skills (Turning to religion)
- 3.7.7.A: Showing mean scores of Coping skills at dimension positive reinterpretation and growth in post and follow up testing.
- 3.7.7.B: Showing tests of between – subject effects before adjustment in Coping skills (Positive reinterpretation and growth)
- 3.7.7.C: Showing tests of between – subject effects after adjustment in Coping skills (Positive reinterpretation and growth)
- 3.7.7.D: Showing pairwise comparison of groups in Coping skills (Positive reinterpretation and growth)
- 3.7.8.A: Showing mean scores of Coping skills at dimension Restraint coping in post and follow up testing.
- 3.7.8.B: Showing tests of between – subject effects before adjustment in Coping skills (Restraint coping)
- 3.7.8.C: Showing tests of between – subject effects after adjustment in Coping skills (Restraint coping)
- 3.7.8.D: Showing pairwise comparison of groups in Coping skills (Restraint coping)
- 3.7.9.A: Showing mean scores of Coping skills at dimension Acceptance

in post and follow up testing.

- 3.7.9.B: Showing tests of between – subject effects before adjustment in Coping skills (Acceptance)
- 3.7.9.C: Showing tests of between – subject effects after adjustment in Coping skills (Acceptance)
- 3.7.9.D: Showing pairwise comparison of groups in Coping skills (Acceptance)
- 3.7.10.A: Showing mean scores of Coping skills at dimension focus on and venting of emotions in post and follow up testing.
- 3.7.10.B: Showing tests of between – subject effects before adjustment in Coping skills (Focus on and venting of emotions)
- 3.7.10.C: Showing tests of between – subject effects after adjustment in Coping skills (Focus on and venting of emotions)
- 3.7.10.D: Showing pairwise comparison of groups in Coping skills (Focus on and venting of emotions)
- 3.7.11.A: Showing mean scores of Coping skills at dimension Denial in post and follow up testing.
- 3.7.11.B: Showing tests of between – subject effects before adjustment in Coping skills (Denial)
- 3.7.11.C: Showing tests of between – subject effects after adjustment in Coping skills (Denial)
- 3.7.11.D: Showing pairwise comparison of groups in Coping skills (Denial)
- 3.7.12.A: Showing mean scores of Coping skills at dimension Mental Disengagement
- 3.7.12.B: Showing tests of between – subject effects before adjustment in Coping skills (Mental disengagement)
- 3.7.12.C: Showing tests of between – subject effects after adjustment in Coping skills (Mental disengagement)
- 3.7.12.D: Showing pairwise comparison of groups in Coping skills (Mental disengagement)
- 3.7.13.A: Showing mean scores of Coping skills at dimension Behavioural disengagement in post and follow up testing.
- 3.7.13.B: Showing tests of between – subject effects before adjustment in

Coping skills (Behavioural disengagement)

3.7.13.C: Showing tests of between – subject effects after adjustment in
Coping skills (Behavioural disengagement)

3.7.13.D: Showing pairwise comparison of groups in Coping skills
(Behavioural disengagement)

3.7.14.A: Showing mean scores of Coping skills at dimension alcohol/drug use
in post and follow up testing.

3.7.14.B: Showing tests of between – subject effects before adjustment in
Coping skills (Alcohol/drug use)

3.7.14.C: Showing tests of between – subject effects after adjustment in
Coping skills (Alcohol/drug use)

3.7.14.D: Showing pairwise comparison of groups in Coping skills
(Alcohol/drug use)

3.7.15.A: Showing mean scores of Coping skills at dimension Humour
in post and follow up testing.

3.7.15.B: Showing tests of between – subject effects before adjustment in
Coping skills (Humour)

3.7.15.C: Showing tests of between – subject effects after adjustment in
Coping skills (Humour)

3.7.15.D: Showing pairwise comparison of groups in Coping skills (Humour)

3.8.A: Showing mean scores of Depression in post and follow up testing.

3.8.B: Showing tests of between – subject effects before adjustment in
Depression.

3.8.C: Showing tests of between – subject effects after adjustment in

3.8.D: Showing pairwise comparison of groups in Depression.

3.9.A: Showing mean scores of Subjective vitality in post and follow up
testing.

3.9.B: Showing tests of between – subject effects before adjustment of
Subjective vitality.

3.9.C: Showing tests of between – subject effects after adjustment in
Subjective vitality.

- 3.9.D: Showing pairwise comparison of groups in Subjective vitality.
- 3.10.1.A: Showing mean scores of Quality of life at dimension Overall functioning in post and follow up testing.
- 3.10.1.B: Showing tests of between – subject effects before adjustment in Quality of life at dimension Overall functioning
- 3.10.1.C: Showing tests of between – subject effects after adjustment in Quality of life at dimension Overall functioning
- 3.10.1.D: Showing pairwise comparison of groups in Quality of life at dimension Overall functioning
- 3.10.2.A: Showing mean scores of Quality of life at dimension Life satisfaction in post and follow up testing.
- 3.10.2.B: Showing tests of between – subject effects before adjustment in Quality of life at dimension Life satisfaction
- 3.10.2.C: Showing tests of between – subject effects after adjustment in Quality of life at dimension Life satisfaction
- 3.10.2.D: Showing pairwise comparison of groups in Quality of life at dimension Life satisfaction
- 3.10.3.A: Showing mean scores of Quality of life at dimension Health worries in post and follow up testing.
- 3.10.3.B: Showing tests of between – subject effects before Adjustment in Quality of life at dimension Health worries
- 3.10.3.C: Showing tests of between – subject effects after adjustment in dimension Health worries
- 3.10.3.D: Showing pairwise comparison of groups in Quality of life at dimension Health worries
- 3.10.4.A: Showing mean scores of Quality of life at dimension Financial worries in post and follow up testing.
- 3.10.4.B: Showing tests of between – subject effects before adjustment in Quality of life at dimension Financial worries
- 3.10.4.C: Showing tests of between – subject effects after adjustment in Quality of life at dimension Financial worries

- 3.10.4.D: Showing pairwise comparison of groups in Quality of life at dimension Financial worries
- 3.10.5.A: Showing mean scores of Quality of life at dimension Medication
- 3.10.5.B: Showing tests of between – subject effects before adjustment in Quality of life at dimension Medication worries
- 3.10.5.C: Showing tests of between – subject effects after adjustment in Quality of life at dimension Medication worries
- 3.10.5.D: Showing pairwise comparison of groups in Quality of life at dimension Medication worries
- 3.10.6.A: Showing mean scores of Quality of life at dimension HIV mastery in post and follow up testing.
- 3.10.6.B: Showing tests of between – subject effects before adjustment in Quality of life at dimension HIV mastery
- 3.10.6.C: Showing tests of between – subject effects after adjustment in Quality of life at dimension HIV mastery
- 3.10.6.D: Showing pairwise comparison of groups in Quality of life at dimension HIV mastery
- 3.10.7.A: Showing mean scores of Quality of life at dimension Disclosure worries in post and follow up testing.
- 3.10.7.B: Showing tests of between – subject effects before adjustment in Quality of life at dimension Disclosure worries
- 3.10.7.C: Showing tests of between – subject effects after adjustment in Quality of life at dimension Disclosure worries
- 3.10.7.D: Showing pairwise comparison of groups in Quality of life at dimension Disclosure worries
- 3.10.8.A: Showing mean scores of Quality of life at dimension Provider trust in post and follow up testing.
- 3.10.8.B: Showing tests of between – subject effects before adjustment in Quality of life at dimension Provider trust
- 3.10.8.C: Showing tests of between – subject effects after adjustment in Quality of life at dimension Provider trust

- 3.10.8.D: Showing pairwise comparison of groups in Quality of life at dimension Provider trust
- 3.10.9.A: Showing mean scores of Quality of life at dimension Sexual functioning in post and follow up testing.
- 3.10.9.B: Showing tests of between – subject effects before adjustment in Quality of life at dimension Sexual functioning
- 3.10.9.C: Showing tests of between – subject effects after adjustment in Quality of life at dimension Sexual functioning
- 3.10.9.D: Showing pairwise comparison of groups in Quality of life at dimension Sexual functioning
- 3.11.1: Showing qualitative analysis of symptoms of skin disease Eczema.
- 3.11.2: Showing qualitative analysis of symptoms of skin disease Herpes Zoster
- 3.11.3: Showing qualitative analysis of symptoms of skin disease Acne Vulgaris
- 3.11.4: Showing qualitative analysis of symptoms of skin disease Atopic Dermatitis
- 3.11.5: Showing qualitative analysis of symptoms of skin disease Psoriasis