DECLARATION

The work presented in the thesis has been conducted by me under the guidance of Dr. Anjuli Verma, Former Head of The Department, Department of Psychology, Maharaja Sayajirao University of Baroda, Vadodara.

The observations, analysis, and interpretations made in the study as well as the conclusions arrived at and included in the thesis titled "Effectiveness of Hypnotherapy and Neurolinguistic Programming on Test Anxiety among Paramedical Students" are the intellectual property of the researchers. The work reported in the thesis is original and to the best of our knowledge, has not been submitted in part/full for any other diploma or degree of the Maharaja Sayajirao University of Baroda, or any other university, or institute.

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Signature of Candidate Ms. Dipal Patel

Signature of Guide Dr. Anjuli Verma