

## A LIST OF TABLES

Table 1.1. Test Anxiety: 12 Dimensions of Outcome Score Module Components.....	41
Table 1.2. Comparison of Cognitive and Affective Components of Test Anxiety on Key Dimensions (Zeidner, 71) .....	47
Table 2.1. Division of Review of Related Literature.....	97
Table 2.2.: Effectiveness of Hypnotherapy on Adults Anxiety .....	124
Table 2.3. NLP: A Behavioral Science.....	136
Table 3.1. Research Hypothesis.....	145
Table 3.2. Independent Variables in Therapeutic Techniques.....	146
Table 3.3. Test Anxiety: 12 Dimensions Outcome-based Score Module.....	150
Table 3.4. Research Procedures in Three Phases.....	151
Table 3.5. Intervention Phase (n=105).....	152
Table 4.1 Descriptive Statistical Analysis .....	154
Table 4.2 Statistical Analysis of Gender.....	155
Table 4.3. Statistical Analysis of Paramedical Students Parent's Education .....	157
Table 4.4. Statistical Analysis of Occupation of Father .....	162
Table 4.5. Statistical Analysis of Birth Order and Test Anxiety (row-wise).....	165
Table 4.6. Statistical Analysis of Birth Order Score-Category and Test Anxiety(column-wise) .....	166
Table 4.7. Statistical Analysis of Chi-square Test: Score-Category and Demographic Variables: .....	167
Table 6.1. Mother's Education Affecting Test Anxiety Scores of Paramedical Students....	191
Table 6.2. Test Anxiety Scores vs. Paramedical Students Parents' Occupation .....	191
Table 6.3. Proposed Hypothesis & Research Outcome .....	192