

## **6.7 Suggestions for Future Research**

The findings and limitations of the research have implications for future research as follows: Repeated and rigorous use of this scale across cultures and populations may render further clarification about symptoms and impairments individuals are experiencing because of internet overuse.

Exploring the existing treatment models for addiction and their usability for internet overuse.

To establish a new model of treatment for internet overuse.

Further research to validate these findings can be conducted to get more clarification on the nature of internet overuse

To explore other behavioural addictions with or without internet that could be added in the category of non-substance use disorder in the next edition of DSM-5

A similar study using a mix of quantitative and qualitative data analysis will help to validate the scale for internet overuse further.

A comparative study could be conducted on people overusing internet, one group for which internet overuse is a cause and for another group for which internet overuse is an effect, as they could be suffering with some underlying illness and using internet to avoid the symptoms of that illness.