## LIST OF TABLES

	Page No.
Table 1	Shows the distribution of the initial
Table 2	Shows the number of items retained by each
Table 3	Shows the distribution of the final
Table 4	Shows the detailed design for
Table 5	Shows the detailed design for nonassertive 103 withdrawn disorder
Table 6	Shows the correlation results between
	Tables showing the ANOVA results for:
Table 7 Table 8	Nonassertive overanxious disorder at Pre-Post level 122 Nonassertive overanxious disorder at Post-Followup 122 level
Table 9	Nonassertive overanxious disorder at Pre-Followup level 123
Table 10	Nonassertive withdrawn disorder at Pre-Post level 124
Table 11	Nonassertive withdrawn disorder at Post-Followup level 124
Table 12	Nonassertive withdrawn disorder at Pre-Followup level . 124
Table 13	Nonassertive behaviour at Pre-Post level
Table 14	Nonassertive behaviour at Post-Followup level 126
Table 15	Nonassertive behaviour at Pre-Followup level 126
	Tables showing the comparison of t-test results between adolescents, parents and teachers for:
Table 16	Nonassertive overanxious disorder at Pre-Post level 127
Table 17	Nonassertive overanxious disorder at 1.0 1 ost level 1.1.127  Post-Followup level

Table 18	Nonassertive overanxious disorder at
Table 19	Nonassertive withdrawn disorder at Pre-Post level 133
Table 20	Nonassertive withdrawn disorder at
	Post-Followup level
Table 21	Nonassertive withdrawn disorder at
_	Pre-Followup level
	Tables showing the comparison of t-test results between adolescents and parents for:
Table 22	Nonassertive behaviour at Pre-Post level 139
Table 23	Nonassertive behaviour at Post-Followup level 139
Table 24	Nonassertive behaviour at Pre-Followup level 139
	Tables showing the ANCOVA results for:
Table 25	Nonassertive overanxious disorder at Pre-Post level 145
Table 26	Nonassertive overnaxious disorder at 145
	Post-Followup level
Table 27	Nonassertive overanxious disorder at 146
	Pre-Followup level
Table 28	Nonassertive withdrawn disorder at Pre-Post level 147
Table 29	Nonassertive withdrawn disorder at 147  Post-Followup level
Table 30	Nonassertive withdrawn disorder at
	Pre-Followup level
Table 31	Nonassertive behaviour at Pre-Post level 148
Table 32	Nonassertive behaviour at Post-Followup level 148
Table 33	Nonassertive behaviour at Pre-Followup level 148
	Tables showing the mean values of the four groups of:
Table 34	Nonasserțive overanxious disorder at Pre-Post level 149
Table 35	Nonassertive overanxious disorder at
	Post-Followup level
Table 36	Nonassertive overanxious disorder at
	Pre-Followup level
Table 37	Nonassertive withdrawn disorder at
	Pre-Post level
Table 38	Nonassertive withdrawn disorder at

1

.

Table 39	Nonassertive withdrawn disorder at
Table 40	Nonassertive behaviour at Pre-Post level
Table 41	Nonassertive behavior at Post-Followup level
Table 42	Nonassertive behaviour at Pre-Followup level 153
14010 12	Tronubbettive demarkation at 110 1 one was 10 for 11
	Tables showing the mean differences of the three experimental groups with with control group for:
Table 43	Nonassertive overanxious disorder at Pre-Post level 155
Table 44	Nonassertive overanxious disorder at
AUDIO TT	Post-Followup level
Table 45	Nonassertive overanxious disorder at 155
	Pre-Followup level
Table 46	Nonassertive withdrawn disorder at 157
	Pre-Post level
Table 47	Nonassertive withdrawn disorder at 157
	Post-Followup level
Table 48	Nonassertive withdrawn disorder at 157
	Pre-Followup level
Table 49	Nonassertive behaviour at Pre-Post level 159
Table 50	Nonassertive behaviour at Post-Followup level 159
Table 51	Nonassertive behaviour at Pre-Followup level 159
	Tables showing t-test results between girls and boys for:
Table 52	Nonassertive overanxious disorder 160
Table 53	Nonassertive withdrawn disorder 160
Table 54	Nonassertive behaviour
	Tables showing the Totals, Means and Standard Deviations of Adolescents:
Table 55	Pre scores for nonassertive overanxious disorder 164
Table 56	Post scores for nonassertive overanxious disorder 164
Table 57	Followup scores for nonassertive overaxious disorder 164
Table 58	Pre scores for nonassertive withdrawn disorder 166
Table 59	Post scores for nonassertive withdrawn disorder 166
Table 60	Followup scores for nonassertive withdrawn disorder 166
Table 61	Pre scores for nonassertive behaviour 168
Table 62	Post scores for nonassertive behaviour
Table 63	Followup scores for nonassertive behaviour 168

	Tables showing the Totals, Means and Standard Deviations of Parents' Pre-Scores, Post-Scores and Followup-Scores for:
Table 64 Table 65	Nonassertive overanxious disorder
Table 66	Nonassertive behaviour
	Tables showing the Totals, Means and Standard Deviations of Teachers' Pre-Scores, Post-Scores and Followup-Scores for:
Table 67 Table 68	Nonassertive overanxious disorder
	Table showing the Totals, Means & Standard Deviatons of Pre, Post and Followup Scores for nonassertive overanxious disorder, nonassertive withdrawn disorder and nonassertive behaviour:
Table 69 Table 70	For girls
	Tables showing, at a glance, the t-test results of adolescents, parents and teachers for Pre, Post and Followup levels of:
Table 71 Table 72	Nonassertive overanxious disorder
	Table showing, at a glance, the t-test results of adolescents and parents for Pre, Post and Followup levels of:
Table 73	Nonassertive behaviour