

APPENDIX - C

CHECKLIST OF SYMPTOMS OF DEPRESSIVE ILLNESS					
Range of Scores	Sympton	Score	Range of Scores	Sympton	Score
0-4	Depressed Mood: Gloomy attitude, pessimism about the future. Feeling of sadness. Tendency to weep. Sadness.....1 Occasional weeping.....2 Frequent weeping.....3 Extreme Symptoms.....4		0-4	Anxiety, somatic: Gastro inntestinal: wind, indigestion. Cardiovascular; palpitations, headache. Respiratory. Genito-urinary.	
0-4	Guilt: Self-reproach, feels he has let people down Ideas of guilt, Present illness is a punishment. Delusions of guilt. Hallucinationsof guilt.		0-4	Hypochondriasis: Self-absorption (bodily). Preoccupation with health. Hypochondriacal delusions.	
0-4	Suicide: Feels life is not worth living. Wishes he were dead Attempts of suicide.		0-2	Insomnia: Initial	
			0-2	Insomnia: Middle	
			0-2	Insomnia: Delayed	
0-4	Work and interests: Feelings of incapacity, listlessness. Indecision. Lossof interest in hobbies. Decreased social activities. Productivitydecreased. Unable to work.		0-2	Agitation: Restlessness (e.g. hand-wringing, pacing).	
0-4	Retardation: Slowness of thought, speech and activity. Apathy, stupor. Slight retardation at interview....1 Obvious retardationat interview.2 Interview difficult.....3 Complete stupor.....4		0-2	Somatic symptoms, gastrointestinal: Loss of appetite. Heavy feelings in abdomen. Constipation.	
0-4	Anxiety psychic: Tension and irritability. Worrying about minor matters. Apprehensive attitude. Fears.		0-2	Somatic symptoms, general: Heaviness in limbs, back or head. Diffuse backache. Loss of energy and fatigability.	
			0-2	Gennital symptoms: Loss of libido. Mestrual disturbance.	
			0-2	Insight: No loss.....0 Partial or doubtful loss.....1 Loss of insight.....2	
			0-2	Loss of weight:	
				Total Score	