

APPENDIX - F

CULTURE FREE SELF ESTEEM INVENTORY FORM AD (BATTLE - 1981)

DIRECTIONS :

Please mark each question in the following way: If the question describes how you usually feel, make a check mark (X) in the "Yes" column. If the question does not describe how you usually feel, make a check mark (X) in the "No" column. Please check only one column (either "yes" or "no") for each of the 40 questions. This is not a test, and there are no "right" or "wrong" answers.

	Yes	No
1. Do you have only a few friends?	()	()
2. Are you happy most of the time?	()	()
3. Can you do most things as well as others?	()	()
4. Do you like everyone you know?	()	()
5. Do you spend most of your free time alone?	()	()
6. Do you like being a male?/Do you like being a female?	()	()
7. Do most people you know like you?	()	()
8. Are you usually successful when you attempt important tasks or assignments?	()	()
9. Have you ever taken anything that did not belong to you?	()	()
10. Are you as intelligent as most people?	()	()
11. Do you feel you are as important as most people?	()	()
12. Are you easily depressed?	()	()
13. Would you change many things about yourself if you could?	()	()
14. Do you always tell the truth?	()	()
15. Are you as nice looking as most people?	()	()
16. Do many people dislike you?	()	()

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| 17. Are you usually tense or anxious? | () | () |
| 18. Are you lacking in self-confidence? | () | () |
| 19. Do you gossip at times? | () | () |
| 20. Do you often feel that you are no good at all? | () | () |
| 21. Are you as strong and healthy as most people? | () | () |
| 22. Are your feelings easily hurt? | () | () |
| 23. Is it difficult for you to express your views or feelings? | () | () |
| 24. Do you ever get angry? | () | () |
| 25. Do you often feel ashamed of yourself? | () | () |
| 26. Are other people generally more successful than you are? | () | () |
| 27. Do you feel uneasy much of the time without knowing why? | () | () |
| 28. Would you like to be as happy as others appear to be? | () | () |
| 29. Are you ever shy? | () | () |
| 30. Are you a failure? | () | () |
| 31. Do people like your ideas? | () | () |
| 32. Is it hard for you to meet new people? | () | () |
| 33. Do you ever lie? | () | () |
| 34. Are you often upset about something? | () | () |
| 35. Do most people respect your views? | () | () |
| 36. Are you more sensitive than most people? | () | () |
| 37. Are you as happy as most people? | () | () |
| 38. Are you ever sad? | () | () |
| 39. Are you definitely lacking in initiative? | () | () |
| 40. Do you worry a lot? | () | () |