

LIST OF ABBREVIATIONS

APD	Acid Peptic Disease
IBS	Irritable Bowel Syndrome
BAI	Bell Adjustment Inventory
TAS-20	Twenty item Toronto Alexithymia Scale
MPI	Maudsley Personality Inventory
HAS	Hamilton Anxiety Scale
BDI	Beck Depression Inventory
APA	American Psychological Association
DSM	Diagnostic and statistical manual of mental disorders
MBTI	Myers Briggs Type Indicator
IDEFEEL	Difficulty in identifying feelings
DESFEEL	Difficulty in describing feelings
EXTHINK	Externally Oriented Thinking
ALEXI	Alexithymia
N	Neuroticism
E	Extraversion
NMG	Normal Male Group
NFG	Normal Female Group
APDM	Acid Peptic Disease Male Group
APDF	Acid Peptic Disease Female Group
IBSM	Irritable Bowel Syndrome Male Group
IBSF	Irritable Bowel Syndrome Female Group
\bar{X}	Mean
\bar{X}_d	Mean difference
P	Probability
F	F-ratio
df	Degrees of freedom
t	Student's t- values
SD	Standard Deviation