

**APPENDIX A**  
**BELL'S ADJUSTMENT INVENTORY (REVISED**  
**VERSION)**

		YES	NO	?
1.	Do you get cold easily?			
2.	Do you enjoy meeting people in social gathering?			
3.	Are you scared to go to a doctor when you fall sick?			
4.	Did you ever have a strong desire to run away from home?			
5.	Do you feel that your parents are upset with you?			
6.	Do you get upset easily?			
7.	Do you feel that your father or mother scold you without any reason?			
8.	Do you feel loneliness even when you are with people?			
9.	Do you feel that you lack true love and affection in your home?			
10.	Do you always have headaches?			
11.	Do you converse with people while traveling in train or bus?			
12.	Do you always feel tired at the end of the day?			
13.	Do you start carrying on small matters?			
14.	Does your shyness put you in trouble sometimes?			
15.	Do things often go wrong from you from no fault of your own?			
16.	Do your parents get frustrated / angry easily?			

17.	Do you find it difficult to start conversation with a stranger?			
18.	Do you get jealous when you see your friends enjoying?			
19.	Do you often have indigestion problems?			
20.	Do you hesitate to converse with a girl if you are a boy or with a boy if you are a girl?			
21.	Do you get upset easily?			
22.	Do you often feel giddy?			
23.	Do you always fight with your brother and sister?			
24.	Did you have a number of experiences in appearing before public gatherings?			
25.	Do you often feel fatigue when you get up in the morning?			
26.	Do you loose your temper easily?			
27.	Do you visit Doctor frequently?			
28.	Do you often get upset feeling that you have some weakness?			
29.	Do you love your mother more than your father?			
30.	Do you blush away?			
31.	Are you sometimes a leader at a social affair or gathering?			
32.	Are you troubled much with constipation?			
33.	Do you make friends easily?			
34.	Do your parents loose their temper on you soon?			
35.	Do you frequently have shooting pains in your head?			