

Table of Contents

Certificate.....	i
Acknowledgements.....	ii
Abstract	iii
List of Tables.....	viii
List of Figures	xi
List of Abbreviations.....	xii
Chapter 1-Introduction	1
1.1 Personality in Western psychology.....	1
1.2. Determinants of personality	7
1.3 Personality in Indian psychology.....	9
1.3.1 Triguna as Personality in Classical Indian literature	15
1.3.2. Modern research on <i>Triguna</i>	23
1.4. Rationale for present research.....	39
1.5. Objectives	40
Chapter 2-Conceptual Framework.....	42
2.1 Trait Approach in Western Psychology.....	44
2.2 The SRT-Trait model of Personality in Indian Psychology.....	49
2.2.1 Lexical study of Traits of personality in Indian psychology	49
Chapter 3-Methodology.....	56
3.1. Phase one	56
3.1.1 Item writing	56
3.1.2 Content validity of the inventory.....	57
3.1.3. Scoring pattern of the SRT-Trait Scale	58
3.2. Phase Two.....	59
3.2.1 Sample	59
3.2.2 Data collection for the exploratory factor analyses	61
3.2.3. Psychometric analysis.....	62

3.2.3.1. Item analysis	63
3.2.3.2. Exploratory factor analysis	64
3.2.3.3. Discriminant Validity	69
3.2.3.4. Reliability analysis	70
3.3. Phase three	71
3.3.1. Data collection for Confirmatory factor analysis	71
3.4 Phase four	78
3.4.1. Structural Equation Modelling and Confirmatory Factor Analysis.....	79
Chapter 4-Development of Norms	85
4.1. Development of the norms	85
4.1.1 Norms for the general population	86
4.1.2. Norms for the professional groups	87
4.1.3. Norms for Gender	89
4.2. Conclusion	90
Chapter 5-Developing Personality Profiles	91
5.1. General interpretation of the 11 traits	91
5.2. Personality profiles	97
5.2.1. Profile of general population group	98
5.3. Analysis of Variance and Post-hoc analysis: Professional groups.....	108
5.3.1. <i>Tamasic</i> knowledge	109
5.3.2. <i>Sattvic</i> knowledge	112
5.3.3. Tranquillity	114
5.3.4. Empathy	118
5.4. Gender difference in trait profile	120
5.5. Analysis of Variance and Post-hoc analysis: Gender groups	122
5.5.1. <i>Tamasic</i> knowledge	123
5.6. Conclusion of the current study	125
5.7. Implications of the current study	127
References.....	129
Appendix A.....	151
Appendix B	165

Appendix C	170
Appendix D.....	185
Appendix E	198
Appendix F.....	222
Appendix G.....	238