

APPENDIX

Parents Letter and Consent Form

Dear Parents or guardian,

A research is being carried out at M.S. University of Baroda regarding Social Competence and Optimism of Children. To validate this research certain questionnaire is required to be filled out by you as parents and by your child. Your child has been selected in random procedure to be one of those children on whom a scale will be filled out. This research project is being undertaken as PhD thesis. Brief information is being given regarding the research below.

Your consent is required for you and your child to be participant in the research.

Title of the study: Social Competence and Optimism of children.

Investigator: Ms. Shweta Sharma, PhD Scholar at MS university of Baroda, Gujarat.

Introduction: The purpose of the study is to understand the determinants of Social competence and Optimism of the children.

Procedure of the study: If you agree to allow your son/daughter to participate, participation will involve you to fill one questionnaire about you and your child to fill one questionnaire and teacher has to fill one questionnaire about your child. After the initial administration of questionnaire discussion of the responses will take place with you along with your child.

Benefits: If you allow your son/daughter to participate the study it will shed light on how Social Competence and Optimism Develop, and possibly how to improve method of education and training.

Confidentiality: Records of the participant will be kept confidential and only for the purpose of research.

Question: If you have any question regarding the research or procedure then please contact Shweta Sharma on 9700000366.

PARENTS CONSENT FORM

I consent to _____ (student full name) participation
in the research at _____ School. I understand that
participation in this project is voluntary. I accord permission for myself and my
Daughter/son/Guardian to be research participant in the research.

Parents Signature

Parents full name

Date

INTAKE SHEET

Name of the student :

Age:

Father's Name:

Age :

Education:

Occupation:

Contact Details:

Mother's Name:

Age:

Education:

Occupation:

Contact Details:

Living in Vadodara/Hyderabad Since:

SCHOOL SOCIAL BEHAVIOR SCALE (To be filled by teachers)

	Scale A	Never				More Frequently
			Sometimes			
			1	2	3	
1	Cooperates with other students.					
2	Makes appropriate transition between different activities.					
3	Completes school work without being reminded.					
4	Offers helps to other student when needed.					
5	Participate effectively in group discussion and activities.					
6	Understand problems and need of the other student.					
7	Remain calm when problem arises.					
8	Listen to and carries our directions from teachers.					
9	Invites other students to participate in activities.					
10	Ask appropriately for clarification of instruction.					
11	Has skills or abilities that are admired by peers.					
12	Is accepting of the other students.					
13	Complete school assignments and other task independently.					
14	Complete school assignment on time.					
15	Will give in or compromise with peers when appropriate.					
16	Follows school and classroom rules.					
17	Behave appropriately at school.					
18	Ask for help in appropriate manner.					
19	Interact with wide variety of peers.					
20	Produce work of acceptable quality for his/her ability level.					
21	Is good at initiating or joining conversation with peers.					
22	Is sensitive to the feelings of the other students.					
23	Respond appropriately when corrected by teachers.					
24	Control temper when angry.					
25	Enters appropriately into ongoing activities with peers.					
26	Has good leadership skills.					
27	Adjust to different behavioral expectation across settings.					
28	Notice and compliment accomplishments of others.					
29	Is assertive in an appropriate way when he/she needs to be.					
30	Is invited by peers to join in activities.					
31	Shows self control.					
32	Is 'looked up' to or respected by others.					

Sr. No.	Scale B	Never				More Frequently
			Sometimes			
1	Blame others for his/her problems.					
2	Take things that are not his/hers.					
3	Is defiant to teachers and other school personals’.					
4	Cheats on school work or in games.					
5	Gets into fights					
6	Is dishonest; tells lies.					
7	Tease and make fun of other students.					
8	Is disrespectful or sassy.					
9	Has easily provoked or “short fuse”.					
10	Ignores teachers or other school personal.					
11	Act as if he/she is better than others.					
12	Destroy or damage school property.					
13	Will not share with other student.					
14	Has temper outburst or tantrum.					
15	Disregard feeling or needs of other students.					
16	Is overly demanding of attention from teachers.					
17	Threatens others students or verbally aggressive.					
18	Swears or uses offensive language.					
19	Is physically aggressive					
20	Insults peers.					
21	Whines and compliant.					
22	Argues or quarrel with peers.					
23	Is difficult to control.					
24	Bothers or annoy other student.					
25	Gets into troubles at school.					
26	Disrupt ongoing activity.					
27	Boast and brags.					
28	Is not dependable.					
29	Is cruel to other student.					
30	Act impulsively without thinking.					
31	Is easily irritated.					
32	Demands help from other students.					

QUESTIONNAIRE TO BE FILLED BY CHILDREN

Each question is a little story, and for each story there are two ways you might react. You are suppose to choose one way or the other, the one closest to the way you'd really feel if that particular thing happened to you.

So here is a pencil. I want you to give it a try. Imagine that each of these little story happened to you, even if they never have. And then check either the A answer or the B answer – the one that best describe the way you would feel. But the great thing is that there is no wrong answer! Now lets take a look at number one.

1. You get an A on a test.
PVG
A. I am smart.
B. I am good in the subject that test was conducted.
2. You play a game with some friends and you win.
PSG
A. The people I played with did not play well.
B. I play that game well.
3. You spend a night at a friend's house and you have a good time.
PVG
A. My friend was in a friendly mood that night.
B. Everyone in my friend's family was in a friendly mood that night.
4. You go on a vacation with a group of some people and you have fun.
PSG
A. I was in good mood.
B. The people I was with were in good moods.
5. All of your friends catch a cold except you.
PMG
A. I have been healthy lately.
B. I am a healthy person.
6. Your pet gets run over by a car.

PSB

A. I don't take good care of my pets.

B. Drivers are not cautious enough.

7. Some kids you know say that they don't like you.

PSB

A. Once in a while people are mean to you.

B. Once in a while I am mean to other people.

8. You get very good grades.

PSG

A. Schoolwork is simple.

B. I am a hard worker.

9. You meet a friend and your friend tells you that you look nice.

PMG

A. My friend felt like praising the way people looked that day.

B. Usually my friends praise the way people look.

10. A good friend tells you that he hates you.

PSB

A. My friend was in bad mood that day.

B. I wasn't nice to my friend that day.

11. You tell a joke and no one laughs.

PSB

A. I don't tell jokes well.

B. The joke is so well known that it is no longer funny.

12. Your teacher gives a lesson and you don't understand it

PVB

A. I didn't pay attention anything that day.

B. I didn't pay attention when my teacher was talking.

13. You fail a test.

PMB

A. My teachers make hard tests.

B. The Past few weeks, my teacher has made hard tests.

14. You gain lot of weight and start to look fat.

PSB

A. The food I have to eat is fattening.

B. I like fattening food.

15. A person steals money from you.

PVB

A. That person is dishonest.

B. People are dishonest.

16. Your parents make something that you make.

PSG

A. I am good at making something.

B. My Parents like something I make.

17. You play a game and you win money.

PVG

A. I am a lucky person.

B. I am lucky when I play games.

18. You almost drown when swimming in a river.

PMB

A. I am not very cautious person.

B. Someday I am not very cautious person.

19. You are invited to lot of parties.

PSG

A. A lot of people have been acting friendly towards me.

B. I have been acting friendly towards a lot of people lately.

20. A grown up yells at you.

PVB

A. That person yelled at the first person he saw.

B. That person yelled at a lot of people he saw that day.

21. You do a project with a group of kids and it turn out badly.

PVB

A. I don't work well with the people in the group.

B. I never work well with the group.

22. You make new friends.

PSG

- A. I am a nice person.
B. The people I meet are nice.
23. You have been getting along well with your family.
PMG
A. I am easy to get along with when I am with my family.
B. Once in a while I am easy to get along with when I am with my family.
24. You try to sell candy but no one will buy any.
PMB
A. Lately a lot of children are selling things, so people don't want to buy anything else from children.
B. People don't like to buy things from children.
25. You play a game and you win.
PVG
A. Sometimes I try as hard as I can at games.
B. Sometimes I try as hard as I can.
26. You get a bad grade in school.
PSB
A. I am stupid.
B. Teachers are unfair graders.
27. You walk into a door and get a bloody nose.
PVB
A. I wasn't looking where I was going.
B. I have been careless lately.
28. You miss the ball and your team loses the game.
PMB
A. I didn't try hard while playing ball that day.
B. I usually do not try hard when I am playing ball.
29. You twist your ankle in gym class.
PSB
A. The past few weeks, the sports we played in gym class have been dangerous.
B. The past few weeks I am clumsy in gym class.
30. Your parents take you to the beach and you have a good time.
PVG

- A. Everything at the beach was nice that day.
B. The weather at the beach was nice that day.
31. You take a train which arrives so late that you miss a movie.
PMB
A. The past few days there have been problems with the being on time.
B. The trains are almost never on time
32. Your mother takes you your favorite dinner.
PVG
A. There are few things that my mother will do to please me.
B. My mother likes to please me.
33. A team that you are on loses a game.
PMB
A. The team members don't play well together.
B. That day the team members didn't play well together.
34. You finish your homework quickly.
PVG
A. Lately I have been doing everything quickly.
B. Lately I have been doing schoolwork quickly.
35. Your teacher asks you a question and you give the wrong answer.
PMB
A. I get nervous when I have to answer questions.
B. That day I got nervous when I had to answer question.
36. You get on wrong bus and you get lost.
PMB
A. That day I wasn't paying attention to what I was doing.
B. I usually don't pay attention to what's going on.
37. You go to an amusement park and you have a good time.
PVG
A. I usually enjoy myself at amusement parks.
B. I usually enjoy myself.
38. An older kid slaps in you the face.
PSB

- A. I teased his younger brother.
B. His younger brother told him I had teased him.
39. You get all the toys you want on your birthday.
PMG
A. People always guess right as to what toys to buy me for my birthday.
B. This birthday, people guessed right as to what toys I wanted.
40. You take a vacation in the country and you have a wonderful time.
PMG
A. The country is a beautiful place to be.
B. The time of the year we went was beautiful.
41. Your neighbor asks you over for dinner.
PMG
A. Sometimes people are in good mood.
B. People are kind.
42. You have a substitute teacher and she likes you.
PMG
A. I was well behaved during class that day.
B. I am almost always well behaved in the class.
43. You make your friends happy.
PMG
A. I am a fun person to be with.
B. Sometime I am fun person to be with.
44. You get a free ice-cream cone.
PSG
A. I was friendly to ice-cream man that day.
B. The ice-cream man was feeling friendly that day.
45. At your friend's party the magician asks you to help him out.
PSG
A. It was just luck that I got picked.
B. I looked really interested in what was going on.
46. You try to convince a kid to go to the movie with you, but he won't go.
PVB
A. That day he did not feel like doing anything.

B. That day he did not feel like going to the movie.

47. Your parents get a divorce.

PVB

A. It's hard for people to get along well when they are married.

B. It's hard for my parents to get along well when they are married.

47. You have been trying to get in to a club and you don't get in.

PVB

A. I don't get along well with other people.

B. I can't get along well with the people in the club.

SOCIAL EXERCISE CHECKLIST

Name of the student :

Name of the Parent :

	1	2	3
1. Is the Child Comfortable with the Parent?			
2. After explaining the task did Parent encouraged the child?			
3. After seeing the Material the child is excited?			
4. After seeing the material child is anxious?			
5. Parents initiated/lead the task to explain to children?			
6. Did they worked as a team?			
7. Parent was sitting Passive?			
8. The communication between Parent and child was Encouraging and facilitative?			
9. The communication between parent and child was dominated by parent?			
10. The parent is offering help?			
11. The parent is physically intrusive?			
12. Parent is physically positive? (A physical positive is bodily contact between parent and child which is neutral or positive. Example Hug, put arm around, patting and nodding.)			

<p>13. Parent is physically negative? (A physical negative-parent is a parent-initiated touching of the child that inflicts pain, restrains the child, forces or pulls the child, or accompanies a critical remark. Touch that accompanies a physical intrusion is coded as physical negative-parent.)</p> <p>14. Does parent compliment the child on each level of completion?</p> <p>15. Parent is pushy in completion of task?</p> <p>16. Parent kept interfering constantly, even though the child did not welcome it?</p> <p>17. When the other finish the task parent is anxious and nags the child?</p> <p>18. Child is seeking help from parent?</p> <p>19. Child is refusing help from parent?</p> <p>20. After completion of task parent compliment the child with smile?</p> <p>21. Did the parent have managed his anger, anxiousness and any other feeling well?</p>			
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SCORING FOR SOCIAL EXERCISE CHECKLIST

1. Yes = +1, No= -1 and neutral = 0.
2. Yes = +1, No= -1 and neutral = 0.
3. Yes = +1, No= -1 and neutral = 0.
4. Yes = -1, No= +1 and neutral = 0.
5. Yes = +1, No= 0.
6. Yes = +1, No= -1 and neutral = 0.
7. Yes = -1, No= +1 and neutral = 0.
8. Yes = +1, No= -1 and neutral = 0.
9. Yes = -1, No= +1.
10. Yes = +1, No= -1.
11. Yes = -1, No= +1.
12. Yes = +1, No= -1.
13. Yes = -1, No= +1.
14. Yes = +1, No= -1.
15. Yes = -1, No= +1.
16. Yes = -1, No= +1.
17. Yes = -1, No= +1.
18. Yes = +1, No= -1.
19. Yes = -1, No= +1.
20. Yes = +1, No= -1.
21. Yes = +1, No= -1.

Minimum Score is – 18

Maximum score is +21.